

The Angel

Thursday 1st March 2018, Volume 4



Principal's News

Dear Parents / Guardians, Staff, Students and Friends of St Mary of the Angels,

The season of Lent coincides with nature's season of autumn. The two seasons have a few things in common. In nature's season of autumn the trees begin to shed their leaves in preparation for winter, in the Church season of Lent, we shed negative attitudes or defeatist behaviours so that we can emerge as better versions of ourselves. The season of Lent is also a time of deep reflection, thought and prayer whilst in nature, the southern hemisphere gently commences the journey into the slumber of winter, a period of dormancy so that in the spring they can re-emerge, filled with new life, a bit like us, after we emerge from the season of Lent. Following is a prayer about the season of autumn.

*"We praise you God for the season of colour, of green, red, brown and gold
Of leaves curling up and gently letting go, as the season of autumn mysteriously unfolds.
Each year we see this natural beauty as the brightness of summer fades away,
And the cold and dark of winter approaches, silently day by day.
We praise you God for autumn, for this season,
We praise and bless and thank you for the wonder of it all."*



SAY THANK YOU
TO PEOPLE WHO
HELP YOU

LIVING LENT DAY 15

Every now and then an event or a set of circumstances provides us with the opportunity to 'stop and prop' and re-align our compass to the purpose of our work. Our students and community are at the center of all that we do. The past few days has provided the opportunity for us to celebrate examples of wonderful student and community based achievement.

Congratulations to:

- our **entire student body** for their attendance and participation at last week's swimming carnival. This set the foundation for a fantastic day of competition, team spirit and community.
- our Senior Debating Team consisting of **Jessica Kam, Ayla Armstrong and Riley Wilson**. They have won through to the Grand Final Debate of the Rotary District Conference in Yarrawonga on 24th March.
- **Jack Holt, Bianca Phillips and Bridget Seiter** for your participating in the Numurkah Lions Youth of the Year public speaking competition. Further, congratulations to **Jack Holt** for winning the event.
- the Cobram Lions Youth of the Year public speaking competition also attracted a high quality field with both **Cooper Fitzpatrick** and **Riley Wilson** competing. Riley Wilson capped off a very successful week by winning this event.
- our student Social Justice Team for your work throughout Lent. The Caritas Café is a fantastic initiative, well done. Thanks to **Ruth Bakogianis** for your leadership of this group.
- again to **Andy Hartnett** for 20 years of outstanding service to the College. Thank you also to **Bob Coonerty** for your mentoring and support through this journey. Bob's work with Andy throughout this time has been nothing short of outstanding.

St Mary of the Angels Secondary College

Chapel Street, Nathalia, Victoria, 3638

Ph: (03) 5866 2222 | Fax: (03) 5866 2471

Email: info@smotanathalia.catholic.edu.au | Website: www.smotanathalia.catholic.edu.au

Principal's News

SAVE THE DATE: Wednesday 21st March is the Annual General Meeting of the College Board. If you have an interest in strategic, visionary work and would like a deeper understanding of the College; please consider joining this dynamic group of people. Nomination forms will be available in 'The Angel' this week on page 3. Please contact Mr. David Booth on 0490 903 263 or myself at the College if you have any interest or questions about joining our College Board.

IMPORTANT REMINDER: Please note the enclosed information regarding LA and Parent / Teacher / Student Interviews taking place during the last fortnight of term. In particular Thursday 17th March is a day set aside for students to join parents for LA and Subject based interviews at the College.

With Peace and Goodwill,
Matt Carver



The SMOTA Deb Committee is seeking volunteers to help on the afternoon or evening, Saturday 24th March in Cobram.

We need assistance welcoming guests, serving drinks, supervising the Deb set. It doesn't need to be the whole evening, just an hour or two will help us out.

If you can assist in any way, please contact the College Office and our Deb committee will be more than happy to make contact and find out where you can help.

Student Free Days - Term 1

9th March	NLC Conference - Teacher Professional Learning Student Free Day
12th March	Public Holiday - Labour Day
22nd March	LA Interviews - Student Free Day

Business Managers News

BUILDING UPDATE

Philip Davies, Business Manager

St Mary of the Angels commenced its latest building project on the 22nd January 2018. This project involves the construction of a centre for Year 7 learning, which will replace the transportable classrooms previously used.

Crow Constructions of Shepparton won the tender, having already completed a number of other constructions at the College.

Currently the site has the foundations poured in preparation for the buildings' steel frame with construction to begin this Monday.

Year 7 students are being taught in other areas of the College, whilst the construction is undertaken.

The building will incorporate some design elements associated with water, symbolising the Catholic themes of new beginnings and new life, as well as recognising our location beside the Broken Creek.

The building has an expected completion date of the 14th September 2018.



ST MARY OF THE ANGELS COLLEGE BOARD ANNUAL GENERAL MEETING

will take place on
Wednesday 21st March 2018
at 7.30pm





**St Mary of the Angels Secondary College Board
NOMINATION FORM - 2018 AGM**

(Nominations close 4.00pm on Tuesday 13th March 2018
at the College Office, to the returning officer, Andrea Dobson)

I wish to nominate
.....(name of nominee).
as parent representative for.....
(eg Numurkah Representative, Cobram Representative, Nathalia Representative, Other).

Nominator Signature:

Parish Priest (Seconder) Signature:

Iaccept the above nomination for the St. Mary of the Angels
Secondary College Board.

Nominee Signature:

Date: / /2018

Prayer:

Let us name what is unjust in our world, and in the name of Jesus proclaim its defeat.

In a world where the rich are protected from understanding the lives of the poor,

Let us believe the words of Jesus, "I have come that they may have life".

In a world where the demands of international debt are more important than the health of children,

Let us believe the words of Jesus, "I have come that they may have life".

In a world where women are silenced and exploited

Let us believe the words of Jesus, "I have come that they may have life".

In a world where the lives of ordinary people are violated by the military

Let us believe the words of Jesus, "I have come that they may have life".

In a world where the earth and its forests and its seas are plundered and destroyed

Let us believe the words of Jesus, "I have come that they may have life".

God touch our hearts with compassion for all your people

And give us courage to act to create a just community. *Amen*

"Hope is a path of solidarity ... Do not be afraid of solidarity, service and offering a helping hand, so that no one is excluded from the path."
Pope Benedict XVI



A JUST FUTURE STARTS WITH COMMUNITY **RATTANAK, CAMBODIA**

"His future is bright, there is no going back. His life can only improve for the better." Sokly

Rattanak is a skilled and successful young barber, living an independent life in rural Cambodia. But a physical disability and discriminatory attitudes in his community meant he almost didn't get there. Like many people who are deaf or hard of hearing, Rattanak faced frustration and isolation at home, with a lack of opportunity to escape the poverty into which he was born.

A just future for Rattanak has begun...

As a child Rattanak contracted polio and also became deaf. Like many people who are deaf or hard of hearing, Rattanak faced isolation at home, with a lack of opportunity to escape poverty.

His sister discovered the Deaf Development Program (DDP), run by Caritas Australia partner, Maryknoll Cambodia. It provides sign language, job training and interpreting services to people aged 16 and over who are deaf or hard of hearing and aims to raise awareness about deafness in the hearing community.

So far, it's helped over 430 deaf or hard of hearing people with their education and more than 200 people to find jobs. It has also trained more than 300 people without deafness as sign language interpreters

Rattanak graduated from its education program in 2010, returning the following year to train as a barber. The DDP then helped him to set up his shop in his parent's house in the village.

Having emerged from his isolated world at home, Rattanak is now running a successful business, supporting himself and his wife... and now a baby.

Rattanak received education and skills training because of people like you.

His just future has started with community.

A just future starts with you.



Janak, Regional Manager for Caritas Nepal shares his story with Year 7 and 9 students.



Chris Dainton

Deputy Principal - Catholic Identity

St Mary of the Angels College Nathalia has long maintained a faithful relationship with Caritas, the international aid and development agency of the Catholic Church. During Lent our Social Justice Team works in overdrive to support Project Compassion and on Thursday 22nd February we were privileged to welcome Janak Sharma, a Project Compassion Ambassador into our College community.

Janak is the Regional Manager for Caritas Nepal. He is based in Kohalpur and currently runs the Children and Youth Program which delivers valuable support for vulnerable youth in the state of Surkhet.

Accompanied by Kerry Stone (Diocesan Caritas Coordinator), Eleanor Trinchera (Caritas Sydney) and Father Rom Hayes, our Year 7 and Year 9 students were engaged by a geographic and historic overview of the country of Nepal. Some of the figures in relation to education, housing and the economic disparity between Australia and Nepal were truly staggering. It is in this context that allows our students to understand why we follow in the way of Jesus Christ, Saint Francis of Assisi and our current Pope Francis, who all call for a compassion and greater love for our brothers and sisters in the world in need of a hand up.

Janak shared his story of becoming a leader in his community that allowed for others to succeed and prosper in some difficult circumstances. He praised the beauty of our school and commented how lucky he was to be joining us. I later made the point to our students that we, in fact, were the fortunate ones to be blessed with Janak's presence, so that we may learn about his reality and to understand what a significant difference our donations can make.

I would like to thank Janak, Kerry, Eleanor and Father Rom for joining us in what was a very busy schedule for Janak last week and I urge all in the College community to give what they can for Project Compassion so that we may live in a more just world.

Bev Thorp

Assistant to the Principal - Learning and Teaching

LEARNING ADVISOR INTERVIEWS

All subject changes should now be finalised as it is important that students settle into their school routine. Many classes are already completing assessments in line with the rigour and growth expected of each of our students. Parents and carers are able to follow their child's progress by logging into PAM (Parent Access Module: <http://pam.smotanathalia.catholic.edu.au>) where they are able to access teacher feedback on assessments as they occur. Please do not hesitate to contact your Learning Advisor or the College Office if you have any difficulty logging on to PAM.

Formal Learning Advisor Interviews will be held toward the end of term as detailed below. Interview times are now able to be booked via PAM, and we urge all parents and carers to please make an appointment to meet with your child/children's Learning Advisors. Subject based interviews with senior school teachers will be open for bookings from 15th March.

Wednesday 21st March, 4.00 pm - 8.00 pm

St Mary of the Angels College, Nathalia

Thursday 22nd March, 1.00 pm - 4.00 pm

St Mary of the Angels College, Nathalia

Wednesday 28th March, 5.00 pm - 8.00 pm

Barooga Sports' Club - Garden Room

If you are not able to attend any of the interview periods, please do not hesitate to contact your Learning Advisor to make an alternate interview time.

NATHALIA LEARNING COMMUNITY TEACHER CONFERENCE

Friday 9th March is a student free day as our teaching staff attend the inaugural Conference of the Nathalia Learning Community. The four Nathalia schools, two primary and two secondary, will be working together and sharing resources for the betterment of all of the students in our care. With the theme of 'High Impact Teaching Driving Student Centred Learning', teachers will be attending a variety of key note speakers and seminars in the areas of student wellbeing and engagement, as well as contemporary learning and teaching practices. St Mary of the Angels takes great pride in the ability of our staff to deliver appropriate, engaging and challenging curriculum and it is vitally important that we remain up to date with practices that best deliver appropriate learning opportunities for our students. We are extremely excited by the opportunity to participate and share in the learning journey with our collective staff, knowing that the ultimate beneficiaries will be our students and College community.



Tim Campbell

Deputy Principal Student Wellbeing & Development

RED BALLOON DAY - FRIDAY 23RD FEBRUARY

Last Friday was the Annual Nathalia Red Balloon Day. This year's fundraiser was to again help the CFA raise funds for a new Thermal Imaging Camera for Nathalia (who currently share one with Numurkah CFA). To support this worthy event, the College placed one hundred 'Thank You Fireys' red balloons on the SMOTA fences as a show of appreciation for our state fire services. Our students also wore red in show of support for their local CFA with \$633 raised through an out-of-uniform collection. The SRC thanked the fire fighters after a very special chance to meet with our local CFA for a quick photo shoot. A big thank you to everyone for their support.

SANDHURST GOULBURN VALLEY

GRADE 6 LEADERSHIP DAY

On Wednesday our College Leaders spoke at the Sandhurst Goulburn Valley Grade 6 Leadership Day. They were joined in attendance by College Leaders from both Notre Dame College and St Augustine's College as well as Fr Rob Galea and Mr Paul Desmond (Director of Education). We were also lucky enough to meet Chloe McCardle (Ultra Marathon swimmer) and listen to her amazing story about setting goals and the resilience to try again.

Ryan, Bridget, Jack and Mia had their opportunity to speak about their leadership journey and what it takes to be a good leader to Grade 6 students from 12 different primary schools across the GV region. They certainly showcased what leadership is all about and they represented the College to the highest of standards. Well done to our College Leaders, you people were outstanding.

St Mary of the Angels' SRC catch up with our local CFA to say thank you on Red Balloon Day.

UNIFORM – A BIG THUMBS UP!

This week we had a big "crack down" on our students that were out of uniform or not meeting the College's uniform policy. However, in a positive response we identified that 98% of our students were in correct uniform. I would like to congratulate our students on an excellent effort and pass on a big thank you to our parents for your support in ensuring our students are compliant with our uniform policy.

BUSES

Recently there have been some student issues on our bus system. A reminder that food is NOT to be eaten on our buses. This is not only due to rubbish but also due to anaphylactic students who are travelling by bus. Students need to make sure that no food is to be eaten whilst travelling on the bus.

In addition to this, there have been a number of students choosing not to wear their seatbelts. This is mandatory by law and failure to do so will lead to your child receiving a formal warning and being sent to the front of the bus. If this continues, your child may be banned from travelling on our bus system.

Finally, our students are asked to be respectful towards our drivers, bus captains and other students. Swearing and poor behaviour are unacceptable and will not be tolerated on our bus system. We ask that parents communicate this clearly with their child and ensure that they are abiding by our expectations.

Student Wellbeing News

SAFE

I will be a person that others can trust.

PURPOSEFUL

I will be relentless in striving to achieve my goals.

ACCEPTING

I will focus on what is good about others.

RESILIENT

I will think positively and keep trying when times are tough.

KIND

I will do the right thing even when nobody is looking.

SPARK

**Alison Dietrich,
Positive Behaviours Leader**

In 1880s a teacher's preparation for classroom instruction included filling lamps and cleaning the chimneys before beginning work, bringing a bucket of water and a scuttle of coal for the day's session and whittling nibs to the "individual taste" of the pupils. A single teacher taught grades one through to eight together and memorization was "learning." Discipline took the form of corporal punishment or humiliation. Not learning lessons resulted in wearing a dunce cap and teachers could issue 10 lashes to students who played cards at school.

My have times changed! Instead of using the traditional 'punishment' form of discipline, we now understand the importance of being proactive and developing preventative frameworks within our schools that are based on research and the science of behaviour.

More often than not, problematic student behaviour is an indicator of academic frustration. SMOTA is in the early stages of implementing a School Wide Positive Behaviour Support (SWPBS) framework to develop strategies for the academic and behavioural mistakes that our students may make.

SWPBS focuses on increasing positive social behaviour as a way to enhance the overall school climate. It provides a framework to support all students and it addresses academic achievement and social behaviour equally by teaching, practising and reinforcing expected behaviours.

We, the educators and parents, need to work together to help our students achieve academic and behavioural growth.

Next week: The importance of the Home-School Connection.



SANDHURST GOULBURN VALLEY GRADE 6 LEADERSHIP DAY

Pictured with Chloe McCardle (middle) our College Leaders Ryan Wallace, Mia Parker, Chloe McCardle, Jack Holt and Bridget Seiter



Building positive family relationships: Tips...

The ordinary, everyday things that families do together can help build and sustain strong relationships with teenagers. These tips might help you and your family: **We start with the obvious!**

- **Regular family meals** are a great chance for everyone to chat about their day, or about interesting stuff that's going on or coming up. If you encourage everyone to have a say, no-one will feel they're being put on the spot to talk. Also, many families find that meals are more enjoyable when the TV isn't invited!
- Try setting aside time for **fun family outings** – you could all take turns choosing activities. A relaxing holiday or weekend away together as a family can also build togetherness.
- **One-on-one time** with each child gives you the chance to stay connected and enjoy each other's company. It can also be a chance to share thoughts and feelings. If you can, try to find opportunities for each parent to have this time with each of your children!
- **Celebrating accomplishments**, share each others disappointments, and show interest in hobbies. You don't have to make a big deal of this – sometimes it's just a matter of showing up to watch your child play sport or music, or giving him a lift to extracurricular activities.
- **Family traditions**, routines and rituals can help the family set aside regular dates and special times. For example, you might have a movie night together, a favourite meal or cooking session on a particular night, a family games afternoon or an evening walk together.
- Agreed **household responsibilities** gives everyone the sense that they're making an important contribution to family life. These could be things like chores, shopping or helping older or younger members of the family.
- **Limits and consequences** give teenagers a sense of security, structure and predictability. Agreed-on expectations help your child know what standards apply in your family, and what will happen if he/she pushes the boundaries.
- Have **family meetings** to solve problems. These give everyone a chance to be heard and help work out a solution that everyone has input

What regular, fun or habitual activities do your family partake in? Do you have family traditions that have evolved over time?

As our children are all adults now, it's always interesting to sit around the dinner table and listen to them reminiscing about our family's "quirky" weekly, monthly or annual traditions that inadvertently made them feel they belonged and comfortable in their communication with us as their parents and role models. (Mrs Mithen's reflections)

Social Justice News



St Mary of the Angels Parents and Friends in conjunction with the SRC will be conducting the annual Easter Egg Raffle.

We ask that each student and member of staff donate an Easter Egg for their respective homeroom.

The money raised will be divided evenly between Project Compassion and the Parents & Friends.

Raffle booklets have been sent home with your child. Please return the sold tickets to the College Office prior to the Easter Raffle draw on the last day of Term 1 - Thursday 29th March.



Dani Blain, Italian Teacher

ITALIAN

Did you know that if you were traveling through Rome in Italy this week, the temperature would range between minus 4 and 15 degrees Celsius. The country would be heading to the polls for an election, and Ivrea (Piedmonte) would be gearing up for its annual orange throwing festival as part of Carnevale?



It makes me quite happy to be sitting here in relative warmth, free of political campaigning and bruise free.

At SMOTA this week some of the students have begun to look at the regions of Italy and are gathering information to display on their giant map of Italy.

Others have continued with the greetings. Each student will soon be tested on their ability to respond to the following questions:

Come stai? - How are you?

Come ti chiami? - What is your name?

Di dove sei? - Where are you from?

Feel free to test your children and see how they go. Ciao a tutti. Dani Blain

Year 7 English students have been working on the basic skills, tips and tricks to writing poetry.

Here Darcy Young has brought alive a popular story in the form of a poem.

THE BOY WHO RHYMED WOLF

Author Darcy Young, Year 7

There once was a shepherd boy who was bored as he sat,
he sat on the hillside watching sheep like a cat.
To amuse himself he took a great big breath
and cried "Wolf! Wolf! It will give our sheep death!"



Now as we all know this cry was a lie,
But boy did he laugh as he watched villagers fly.
Oh how mad they were, the villagers that is,
when they found the shepherd boy watching sheep with some fiz.



(Fiz was a drink, a one of a kind,
but try not to shake it or you'll go temporarily blind).

The boy must have done this a million times,
until the mayor had enough, so he yelled "FINE!"

"Be that way then, we will not care,
the next time you say it, we won't come, fair's fair."



Now as you'd imagine, a REAL wolf came,
but none of the villagers came with their canes.

The wolf devoured all of the sheep,
and the boy ran away like Little Bo Peep



Careers News

ZOO KEEPER FOR A DAY:

This term holiday secondary students have an opportunity to discover what it's like to become a Keeper work at Werribee Open Range Zoo.

Heading behind-the-scenes, they get a hands-on experience of what it's like to work as a zoo keeper as they take part in the many duties our keepers undertake on a daily basis, including animal enrichment and exhibit maintenance.

Detailed Information:

<http://www.zoo.org.au/werribee/whats-on/keeper-for-a-day>



The Senior Debating Team (front L-R) Jessica Kam, Ayla Armstrong and Riley Wilson pictured with their supporters (back L-R): Jane Hando, Cadence Armstrong, and Michaela Brooks.



DEBATING

Ayla Armstrong, Year 12

On Thursday February 15th, the SMOTA senior debating team took on their last debating heat, this time in Euroa. The team, consisting of Jessica Kam, Riley Wilson and Ayla Armstrong, were on the negative side of the debate, putting forth a convincing argument as to why we cannot trust Facebook.

Their first speaker, Jess Kam, argued about the deceitful nature of the founder of Facebook, Mark Zuckerberg and the numerous lawsuits filed against Facebook. As the second speaker, I spoke about the innumerable scandals and manipulative tactics of Facebook as well as the economic and political power it holds as a global entity. Having the last word of the entire debate, our third speaker, Riley Wilson, summed up our arguments, rebutted the claims of the opposition and managed to point out numerous flaws in the structure and ability to follow the rules of the Euroa team.

After a tense waiting period, the winner was announced; St Mary's had won once more. This means we're off to the Grand Final in Yarrowonga at the Rotary District Conference on March 24th so stay tuned for that.



LIONS YOUTH OF THE YEAR PARTICIPANTS - NUMURKAH & COBRAM

L-R: Bianca Phillips (Numurkah), Jack Holt (Numurkah), Riley Wilson & Cooper Fitzpatrick (Cobram).

Lions Youth of the Year COBRAM

Jane Hando

The state of the dairy industry in Northern Victoria, the over-regulation of rules and laws and the problem of unhealthy eating, were topics that St Mary of the Angels students chose to focus on when they delivered their speeches at the Numurkah Lions' Youth of the Year Competition on Monday 26th February. Year 12 students Bridget Seiter and Jack Holt, along with Year 10 student Bianca Phillips represented the school in the annual event.

Whilst Lions' member Doug McKeown declared the event an 'opportunity' rather than a 'competition' there had to, in the end, be one winner. The judges spoke of the narrow margin that separated the students with the final decision coming down to a question of timing. Jack Holt, who adhered to the five-minute speaking time, concluded his speech as the bell rang, and was hence awarded the title of Numurkah Lions Youth of the Year.

Consisting of an interview, a prepared speech and two impromptu speeches, the competition assessed students across a range of areas. Their community involvement, leadership skills, and knowledge of current affairs were areas that were canvassed through a formal interview process. The public speaking component of the night asked students to ponder the questions 'What will you be doing in five years time' and 'How do you have a safe birthday party today?' The questions which were particularly applicable to the teenage demographic, elicited some entertaining as well as thoughtful responses. Jack set up the country/city divide by suggesting that a bonfire in the back paddock was

as 'safe as houses' whereas a party in the city risked the threat of mugs and thugs. Bridget spoke of parties as opportunities to bring people together whilst Bianca spoke of the perils of water and other hazards and how to mitigate against such threats. The importance of having good mates was emphasised. Whilst some students had a very clear sense of purpose and were able to identify exactly where they would be in five years time, Jack was less confident and began his impromptu with references to his strange combination of subject selection choices and careers' teachers who kept 'hassling' him about the future. Bianca's Mongolian experience set up her discussion around the theme of service and her goal to study medicine so that she could give back to the community, was warmly received. Bridget's interest in traveling the world in order to experience how the less fortunate live and to learn from these encounters, was one of the focus areas of her speech.

Jack will now go on to compete in the next round of the competition to be held at the Numurkah Bowling Club on Sunday 4th March at 1.00pm. We wish him all the best, and if you would like to come and support him, your presence is welcomed.

In a field of high calibre candidates, Riley Wilson was awarded the overall winner of the Cobram Lions' Youth of the Year on Wednesday evening at the Barooga Sports Club. St Mary's students Cooper Fitzpatrick and Riley Wilson both participated in the event.

Cooper's prepared speech focussed on the many ways in which hatred has permeated our world. He looked at examples from overseas along with national expressions of disunity and finally, he addressed the corrosive and insidious phenomenon of online bullying. He implored us to consider responding to challenging situations with compassion and understanding. Riley meanwhile, contended that we can't trust Facebook and reeled off conclusive supporting arguments to help establish his case.

In the impromptu speeches, students were invited to reflect on the topics of the merits of a new shopping centre for the Cobram precinct, and the problem of waste. Cooper was able to present a succinct and pointed response to both questions whilst Riley was able to use his experience as a social justice leader, to speak extensively about the issue of waste and the possible solutions.

Riley will now go onto compete in the next round of the competition to be held in Yarrawonga on March 4th. If you would like to support Riley, please get in contact with Cobram Lions or myself.





SMOTA SENIOR BOYS CRICKET TEAM

Back (L-R): Joshua Wilson, Spencer Small, Will Newman, Ryan Wallace, Declan Brunskill, Jesse Barker, Lachlan Hyde.

Front (L-R): Joshua O'Dwyer, Henry Congues, Shannon Young, Michael Brooks, Brayden Summerville.

Senior Boys Cricket

Jesse Trower, AFL Trainee

Last Friday, 23rd February, at the Nathalia Recreation Reserve, the Senior Boys' Cricket side was treated with perfect weather for a day on the pitch. With Rochester forfeiting it left a three-team knockout format. SMOTA played Kyabram P-12 in the first game with the winner going on to play in the final.

Our skipper Henry Congues won the toss and elected to bat on what looked like a good wicket. After a slow start, St Mary's went on to post 5/131 after 20 overs. Opener Jesse Barker top scored with a superb knock of 65 which included nine boundaries, while Brayden Summerville also chipped in with a quick fire 32. In return, Kyabram got off to a perfect start with both openers scoring quickly. Henry Congues made the breakthrough which led to a loss of consecutive wickets leaving the Ky boys at 6/62. A late partnership gave hope for the away side but experienced bowling from Brayden Summerville (3/12) and Jesse Barker (2/5) put the score out of reach. Kyabram finished 7/120 after 20 overs leaving SMOTA victorious by 11 runs advancing them through to the final against St Joseph's Echuca.



Winning the toss and electing to bat, the boys were confident they could repeat their efforts from the first game. The SMOTA boys got off to a good start before some tight bowling from Echuca left the batting side reeling at 7/46. Captain Henry Congues came to the crease hoping to give his side a chance at victory. He went on to make 26 not out being the highlight of the innings. After 20 overs SMOTA had rallied to 9/82 with a slim chance of victory in sights. Echuca started strong smashing 19 from the first over, from this moment SMOTA was never able to recover with Echuca passing the score after 10 overs (2/82) and moving through to the next stage. The two wicket takers went to Lachlan Hyde (1/19) and Jesse Barker (1/10) while Spencer Small also bowled well.

Well done to all the cricketers who played on the day. A special thanks to Mr Ross for coaching and Cong for preparing the wicket for the day.

St Mary of the Angels Secondary College

Chapel Street, Nathalia, Victoria, 3638

Ph: (03) 5866 2222 | Fax: (03) 5866 2471

Email: info@smotanathalia.catholic.edu.au | Website: www.smotanathalia.catholic.edu.au



**SENIOR CRICKET
ACTION AT THE
NATHALIA RECREATION
RESERVE
23RD FEB 2018**



ALL ROUND ATHLETES

On the track and field two SMOTA students have been shining recently:



Marcus Evans (Year 12) placed second in the Victorian Junior Athletics Championship over the weekend in the 3000m steeple chase and came 2nd. He has qualified for the Australian Junior Championships to be held in Sydney this month.



Jessica Tymensen (Year 9) has qualified for State Little Athletics Championships 10th/11th March in Under 15 Girls Triple Jump, Discus and Javelin.

TOP TENNIS STARS

The representative SMOTA tennis teams will be hard to beat on the courts if the results below at the local tennis club championships are any indication.

Nathalia lawn tennis club held the Club Championships took place recently with St Mary of the Angels gathering up some trophies:



- U/18 Boys' Champion - Jack Wilson (Year 12)
Runners Up - Jack Holt (Year 12)
- U/18 Girls' Champion - Rebecca Williams (Year 9)
Runner up Annie Holt (Year 10)
- U/14 Boys' Champion Mak Hindmarsh (Year 8)
Runner up Charlie Sheehan (Year 7)
- U/14 Girls' Champion Ella Bryant (Year 7)
Runner up Ella Wilson (Year 8)

A special mention must also go to Mrs Nihill who took the Women's Championship trophy home for the eleventh time, and Mr Norton won the Kyabram Mens' Championship.

Numurkah lawn tennis club also had two St Mary of the Angels students meet in the junior boy's final with Rhys Cason taking the win from Michael Kam 6-3.

SSV CAMPASPE SWIMMING

Zoe Backway, AFL Trainee

St Mary of the Angels Representative Swimming Team; along with Mr Ross, Mrs Rankin, Miss Rawson and myself, headed to Echuca for SSV Campaspe Swimming on Monday.

Swimmers competed against secondary schools from Echuca, St Josephs, Kyabram, St Augustine's, Rochester and Nathalia.

St Marys placed fourth overall and 2nd place in the Intermediate division. Maddison Bloor won the 14yr Female Champion. The next stage is the Loddon Mallee Region which is held in Swan Hill.

Bailey Smith: 3rd 50m Breaststroke

Jennifer Smith: 2nd 50m Breaststroke

Zander Griffin: 3rd 50m Breaststroke,
3rd 50m Butterfly,
2nd 100m Freestyle,
2nd 50m Freestyle,
3rd 50m Backstroke

Gracie O'Sullivan: 1st 50m Breaststroke,
2nd 50m Freestyle

Max Hendy: 50m Breaststroke,
2nd 50m Freestyle

Hayley Thorne: 2nd 50m Breaststroke,
2nd 50m Backstroke

Keely O'Dwyer: 3rd 50m Butterfly

Rex Miller: 2nd 50m Butterfly

Sophi Bury: 1st 50m Butterfly,
2nd 100m Freestyle,
3rd 50m Freestyle,
1st 200m Freestyle

Maddison Bloor: 2nd 50m Breaststroke,
1st 50m Butterfly,
1st 50m Freestyle,
1st 50m Backstroke,
1st 200m IM

Tammy Woods: 3rd 100m Freestyle,
3rd 50m Backstroke

Caleb Jezewski: 2nd 50m Freestyle,
3rd 50m Backstroke

Jack Hindson: 3rd 50m Freestyle

Declan Brunskill: 2nd 50m Freestyle

Sarah Carr: 3rd 50m Backstroke

14yr males 3rd Medley Relay

16yr females 1st Medley Relay

14yr males 2nd Freestyle Relay

15yr females 1st Freestyle Relay



Above (L-R): Sophi Bury, Maddison Bloor, Sarah Carr, Jennifer Smith.

YEAR 8 SCULPTURE

Kim Carter, Art Teacher

On Tuesday the Year 8 Sculpture class visited a fantastic sculpture exhibition at Shepparton Art Museum to experience the work of contemporary artists using unique materials. The students were introduced to Visual Thinking Strategies by SAM staff member Meg Doller, and encouraged to openly discuss their thoughts and ideas on the artworks they were viewing - this inspired some lively conversations! The students then participated in a clay sculpture workshop where they made pinch pot monsters - good practice for their creature and habitat sculpture units here at school. We finished off the morning with a picnic at the 'cow park' looking at the Shepparton's famous painted cows created by the artist, Tank.



VCAL News VCAL - MT BUFFALO CAMP

Alex Nolan, Senior VCAL

On Wednesday 14th February, both VCAL A and B went up to the hills of the National Victoria Park, Mount Buffalo and stayed there for two nights returning on Friday 16th. We were required prior to camp to organise sleeping arrangements as well as making a budget for food, as there was no food being organized for us by the staff. Mount Buffalo was an amazing experience that built upon not just teamwork, but trust in others as well as persistence for the activities.

After group selection, we set up our sleeping equipment and prepared for the first activities upon arrival. All activities were diverse, exciting as well as scary for most. The time up in Mount Buffalo offered us, caving into the depths and ice-cold water underground; rock climbing which was a confronting task, relying which relied on teamwork and trust of our peers and our feet, as it was no easy feat to climb a nearly flat surface; another challenging experience was abseiling, with its scary heights and scenic views of the surrounding horizon; next came canoeing, an easy to learn, but hard to master activity; at night time we walked along the man-made lake and into the depths of the mountain that was near our camp zone.

All in all, Mount Buffalo was a surprising camp that challenged our faith in our peers and made us overcome our own fears, a worthwhile rewarding experience I will never forget.



St Mary of the Angels Secondary College

Chapel Street, Nathalia, Victoria, 3638

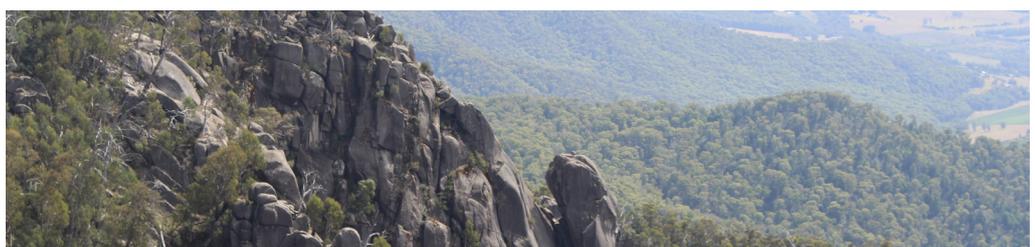
Ph: (03) 5866 2222 | Fax: (03) 5866 2471

Email: info@smotanathalia.catholic.edu.au | Website: www.smotanathalia.catholic.edu.au

VICAL - MT BUFFALO CAMP

".....rock climbing that was very challenging it was a huge rock that had no holes to hold we had to trust our feet to hold and pull us up the flat rock face; also we had to trust our class mates to hold and lock the rope while we were climbing".

Blayre Whiteman





2018 NUMURKAH FUN RUN

Sunday 18th March everyone welcome
Runners • Seniors • Walkers • Kids • Elite

Events: 10 & 5km Run, 5km Walk
Kids: Grade 2 & Under - 1km, Grade 3-6 - 2km
5km Run for Primaries
Venue: St. Joseph's PS Numurkah
Cost: \$35. U/16s & Primary 5km \$10
\$35 with singlet.
Kids: 1 & 2km events - no rego required,
\$2 on the morning

Start Time:
9am 5 & 10 Km events - 10.15am 1 & 2 Km events
Pre-registration by Friday 16th March 4pm
Entries accepted on the morning additional \$5
Registration: www.sjnumurkah.catholic.edu.au
Contact: St Joseph's 03 5862 1804

Great Prizes plus...
• First 200 Entries receive dry fit singlet
• Spot prizes (best dressed, etc)
• Family BBQ

Team Event...
5km races.
Minimum 4 entries
- Fastest four across the line.



Bendigo Bank Numurkah branch
Dyson's IGA SHOP ONLINE
www.dysonsga.com.au



Visit: www.sjnumurkah.catholic.edu.au for more information.

Numurkah and District Soccer Club



will be holding their come and try soccer session on Wednesday 7th March at 4.30pm and registrations on Wednesday 14th March at 4.30pm at Numurkah Showgrounds. New and past players welcome.

Numurkah and District Soccer Club train locally on Wednesday afternoons at the Numurkah Showgrounds and play against other district teams on Saturdays at the Shepparton Sports Precinct. Teams include: under 6s, under 7s, under 8s, under 10s, under 12s, under 15s and mixed girls.

Cost: \$105.00 for under 12s, under 15s and mixed girls teams and \$100 for all other teams for 15-week season together with \$40.00 (approx.) for your own personalized shirt.

For further information contact:
Rachel Newham 0401509888,
Karyn Oswald 0458732112,
Darren Barnden 0410302151
Email: numurkahjuniorsoccer@gmail.com

Katunga Football Netball Club

invites all players to participate in our 2018 season. Training is currently running on the nights listed below. Please note football will change to Tuesday / Thursday at the conclusion of the cricket season. Dates and times will continually be updated on our website. www.katungafnc.sportingpulse.net



FOOTBALL
Seniors – currently Mondays & Wednesdays, 6pm
Thirds – currently Mondays & Wednesdays, 6pm
Fourths & Fifths – 5pm start

NETBALL
Seniors – Tuesdays and Thursdays, 6:00pm start
17/Unders - Commencing Thursday 5:30pm
15/Unders - Commencing Thursday 1 March, 5:30pm
13/Unders - Commencing Thursday 1 March, 5.00pm
11/Unders – Commencing Thursday 1 March, 5.00pm

****Registration Nights**** will be held from 5.00 to 7:30pm each Thursday evening between the 1st March and 22nd March.
For further information please contact Rachael Howden on 0400 877 409 or katungafnc@outlook.com.

Katamatite Netball Club

is seeking players for all junior netball grades U/11's, U/13's, U/15's & U/17's.



Junior training starts on Thursday 1st March from 4.30pm for U/11's and 5.30pm for U/13's, U/15's & U/17's.

NetSetGo will commence on Thursday 5th April at 4.30pm.

Everyone is welcome to join our family friendly club.

For any further information or questions please contact Sandra Kennedy on 0488722404 or Briana Barnes on 0400805862.