

The Angel

Friday 12th May 2017, Volume 11



Prayer:

Loving God,
as a mother gives life and nourishment to her children,
so you watch over your Church.
Bless these women,
that they may be strengthened as Christian mothers.
Let the example of their faith and love shine forth.
Grant that we, their sons and daughters,
may honor them always
with a spirit of profound respect.
Grant this through Christ our Lord.
Amen

EXPLORE YOUR OPPORTUNITIES



St Mary of the Angels

Secondary College

Invites all families to attend our

OPEN DAY

WEDNESDAY 17TH MAY

Official welcome at 9.30am & 11.30am
followed by guided tours.

Student guided tours will be available throughout the day.

Principal's News

Dear Parents / Guardians, Staff, Students and Friends
of St Mary of the Angels,

Thank you to our prospective and current families for supporting our year 7 Information Nights in Cobram and Numurkah this week. It has been terrific to meet and welcome so many new families into our community over the course of the past couple of weeks. Although our formal Open Day is next Wednesday I encourage families to make contact with the College if you would like to come and visit at other times that are convenient to you. Our College is always open and we are more than happy to accommodate our prospective families who would like to discuss any elements of the transition from primary to secondary school. We fully understand that life is busy and we aim to cooperate with our families at every opportunity.

Our annual College Open Day takes place next Wednesday 17th May. On the day we will conduct formal presentations at 9.30am and 11.30am followed by College tours. If these times don't suit, the College will be open and fully operational between 10.00am and 2.30pm. We will have students available to conduct College tours throughout the day. I look forward to welcoming many visitors to our College on the day. Open Day provides a wonderful opportunity for new families to come and take a look at the College when it is fully operational.

ENROLMENTS ARE OPEN: Prospective and current families please note that enrolments for 2018 are now open. Current students will have the opportunity to simply re-enrol later in the year while prospective Year 7 students and students wishing to enrol in other year level have the opportunity to do so until Friday 29th July. Enrolment forms are available in the College Information Booklets that are distributed at our information evenings, Open day or from the College office.

ACADEMIC SCHOLARSHIPS

Academic Scholarships will be offered to Year 7 students enrolling in 2018 and Year 10 students in 2018.



Academic Scholarships available

St Mary of the Angels Secondary College

Chapel Street, Nathalia, Victoria, 3638

Ph: (03) 5866 2222 | Fax: (03) 5866 2471

Email: info@smotanathalia.catholic.edu.au | Website: www.smotanathalia.catholic.edu.au

Principal's News

This scholarship will have a life of three years. These will be offered to students on the condition that academic performance continues to be of a high standard in ensuing years together with a commitment to the College. Scholarships are open to all students who are enrolling in Year 7 or continuing in Year 10.

Scholarship paperwork is now available from the College office on the College's Website (click on the link below), at our information evenings and at Open Day. Applications close Friday 2nd June, 2017 at 12 noon. Please note late applications cannot be accepted.

Click on the link below for details and an application form: <http://www.smotanathalia.catholic.edu.au/downloads/enrolment-policy-forms/154-2018-scholarship-information/file.html>

DOOR OF MERCY

Yesterday we conducted a ceremony to officially open our Door of Mercy. The mosaic door that was constructed during the 2016 year of Mercy was blessed and opened by Fr Michael. Our entire College community then symbolically passed through the door. Thank you to Mrs Berend and her Art / Ceramic students for the construction of the door. Thank you to Fr Michael, Ruth Hartnett Carr and Michael Ross for leading and organising this very important celebration. Please take a look at the photos inside this edition of The Angel.

HOUSE ATHLETICS CARNIVAL

Today, it was a very close battle for first place. Throughout the day there had been only twenty points separating the three houses. It was so close that the relay races decided who would take out the overall winning House. Congratulations to St Francis house who continued their winning streak at the athletics carnival.

Thank you to everybody involved in the preparation and organization of the day. In particular, thanks to our House Leaders for organizing the students and our PE staff for their overall leadership of the day. A full report, photos and individual champions' results will appear in next week's edition of The Angel.

Finally, I would like to wish all of our Mums a happy and loving Mother's Day this Sunday. I am sure your sons and daughters will treat you well.

Pace e bene.

'Peace and goodwill'

Matt Carver

Catholic Identity



Michael Ross

Faith and Life Leader

Last year was proclaimed as a Jubilee Year of Mercy by Pope Francis. Jubilee years do not happen very often, the last one was held in 2000. Jubilee years commemorate a particular aspect of Christian faith and last year's Jubilee was focused on the virtue of mercy. Just as God pours out his love and mercy on us, this Jubilee Year of Mercy was a reminder to us of our need to extend love and mercy to those around us and to ourselves. Pope Francis was very specific about what that means in our daily life. We are called to live the works of mercy – to feed the hungry, give drink to the thirsty, to welcome those in need, to care for the poor and to offer forgiveness to all.

A symbol of the Jubilee Year of Mercy was the opening of a special door in St Peter's Basilica in Rome. This door is only opened during Jubilee Years and walking through it one passes into another space where we experience the loving mercy of God. Last year I was fortunate to be in Rome and to enter through that door. It was an amazing feeling to be a part of the crowd, yet at the same time, be made aware of God's merciful love for me. But our Pope knew that most people would not be able to come to Rome and so he asked for 'Doors of Mercy' to be created in each diocese around the world in the hope that the call to receive and extend mercy will touch as many as possible.

Today at school with Fr. Michael Grace, we blessed and, as a whole school community, walked through our own 'Door of Mercy'. Created by Mrs. Berend and her Year 8/9 Art students, her Year 9 Ceramics students, and her Year 10 art students, our 'Door of Mercy' graces the entrance to Student Reception. While the official Jubilee Year of Mercy has now come to an end, it will stand as a constant reminder to all of us of our call to be merciful to one another. As a school community, may we show love, care and compassion to each other and to those in need beyond our College.

'Door of Mercy'



In the footsteps of St Francis

1209: Francis writes the first rule and leaves for Rome with 11 friars. The rule which outlines the brothers' way of life is approved by Pope Innocent 111. On return the friars settle at Rivo Torto

1210: The friars are chased out of Rivo Torto and return to the Porziuncola

1212 (March 18) On the night of Palm Sunday Francis receives Clare into the order at the Porziuncola. The order of the Poor Clares begins. Several weeks later Clare and the Poor Ladies move to San Damiano

1213: Count Roland offers Francis the mountain at La Verna to build a hermitage

Deputy Principals' News

**Tim Campbell, Deputy Principal
Student Wellbeing & Development**

UNIFORM

Thank you to all our families for organizing your children to look their best for the school photos this week. Our students in full winter uniform looked extremely classy and I was extremely impressed by the students' attitude on the day.

Our Year 7 students are looking exemplary and are setting the standard for uniform across the College. Unfortunately it seems that many of our senior students are the ones letting us down in regards to correct uniform. As senior students, I hope that they can be good role models and meet the set uniform requirements, especially in regards to jewellery and footwear. I thank you in advance for your support with this.

We ask that parents, guardians and students familiarise themselves with the uniform guidelines as previously stated in the past two volumes of 'The Angel'. It is also available on page 28 of the Parent/Student Handbook: <http://www.smotanathalia.catholic.edu.au/downloads/parent-handbook/153-parent-student-handbook-2017/file.html>

BUSES

It upsets me to hear that there has been an increased number in students not adhering to our bus rules in regards to behaviour and food.

A reminder to all parents and guardians that seating plans are implemented in order to make it easier for our drivers and bus captains to know if a student is absent, misbehaving, or if damage has been done. Students are reminded that school rules are enforced on the buses and that drivers, bus captains and in particular other students are to be treated with respect at all times. Finally, food is not to be eaten on our buses. It does not only cause mess but can also impact on our students who may have anaphylactic reactions to food allergies. All of these issues have been communicated and signed off by parents to ensure the safety of all students on our bus system.

Failure to meet the St Mary of the Angels' expectations on the buses can result in:

- A formal warning
- Being moved to a different seat or to the front of the bus
- If poor behaviour continues students may lose the right to travel on the St Mary's bus and parents will need to find alternative travel arrangements to school.

Another reminder that no bus changes will be available to students. Our buses are currently at capacity meaning changes are not possible. If you have a specific urgent request, it can be made in writing to Tom Robinson our Bus Coordinator. Requests will only be granted for extreme circumstances and only if seats are available. We thank you for your understanding and support.

Wanted:

The VCAL class of 2017 is looking for a caravan which could be renovated for a community project as part of our personal development service (PDS) work.

We are planning to transform a 'well-loved' caravan into a portable hospitality facility to enhance the VCafe (VCAL cafeteria business) and to be used for College community events such as the swimming sports, athletics, and the Nathalia Carol's by Candlelight evening.

It is hope that this project will also enable the VCAL students to maximise fundraising opportunities in the wider community.

Do you have a second-hand caravan which is:

- in good condition
- roadworthy or able to be made roadworthy with minimal repair.

We have a small budget to purchase a caravan. If you have one for sale or would like to donate a caravan to the College, which is no longer needed, please contact VCAL teacher Mick Butler on 0438 091340.



Student Free Days

Please note the following student-free days for Term 2.

12th June	Public Holiday - Queen's Birthday
16th June	Data Entry Day
20th June	Year 7 students only for Grade 6 Transition

Deputy Principals' News

Bev Thorp

Deputy Principal - Learning and Teaching

OPEN DAY

A very successful round of Information Evenings were completed this week with many prospective families in attendance in the various venues. Thank you to our many staff who gave up their personal time to attend and to our student leaders, Pat, Olivia and Lauren who provided a student face to our sessions. Their ready ability to engage with the Grade 6 students and respond to questions about life at St Mary of the Angels is invaluable. Well done!

OPEN DAY

St Mary of the Angels College, Nathalia

Wednesday 17th May

9.30 am - 2.30 pm

The College now invites any prospective families to attend our Open Day which will be held next Wednesday 17th May. Open Day provides the opportunity to visit the College, walk through and observe classes in action, ask questions of staff and students, and generally 'get the feel of the place'. Presentations will be made at 9.30 am and 11.30 am in the College Auditorium following which tours will be run by student leaders. The tours will culminate back at the auditorium where we invite you to join us for some light refreshments provided by our VET Hospitality and VCAL students.

A reminder that enrolments for Year 7 in 2018 are now open, as are academic scholarship applications for students entering Year 7 or Year 10.

Scholarship application forms were available at each of our Information Evenings, or may be obtained from our College Office.

PRODUCTION: THE LITTLE MERMAID

Rehearsals for our annual College Production are well underway and certainly it looks very busy with performances, backstage productions, music and lighting are all in full swing. Beginning with a matinée for Grade 6 students from our feeder Catholic schools on Monday 22nd May, performances will be held each evening from Thursday 25th to Saturday 27th May, and will also include a Saturday matinée.

Please make sure that you book your seats early, as tickets are already selling rapidly! Bookings may be made online (details are included elsewhere in this newsletter), or via the College Office if you are having difficulty with the online booking process. I look forward to joining many of you at one of the performances.

NAPLAN

Congratulations to all of our Year 7 and Year 9 students who sat their NAPLAN tests this week. The NAPLAN tests assess student knowledge and skills in Reading, Writing, Language Conventions (spelling, grammar and punctuation) and Numeracy.

Results from NAPLAN testing will be made available around the middle of Term 3. Parents/Guardians will receive your child's personal NAPLAN report which will describe your child's particular skills in each of the tests. The report will also show how your child performed in relation to national minimum standards. These describe the minimum acceptable standards for students across Australia. The test results also provide valuable information for teachers which can be used to ascertain where students are in their learning; as well they will help to support teacher planning to improve student achievement.

I look forward to a beautiful autumn day for our annual Athletics Carnival this Friday. Good luck to all competitors and supporters.

SMOTA Stars

GLASSHOUSE CELEBRATION FOR

SMOTA STARS



Past staff and students Jemma Bell and Amy Brooks recently celebrated the completion of their Certificate 3 in Sports and Recreation which they undertook at St Mary of the Angels in 2016.

The AFL Sportsready Graduation ceremony was held on the 28th April 2017 at the Glasshouse in Melbourne for all AFL

trainee graduates. St Mary's was mentioned and thanked for their long standing support of AFL trainees.



Jemma and Amy were both extremely grateful for the wonderful opportunity provided to them over the past year and the skills which they have taken on their career pathways. Currently Jemma is studying Health and Physical Education at Deakin University. Amy has taken a position and administration role at O'Sullivan's Insurance in Shepparton.

Congratulations Jemma and Amy!



WINTER WELLNESS Tips for a healthy winter

As winter is getting closer, we thought we would provide some information about keeping healthy and happy this winter - being mindful about looking after ourselves.

Winter can be a trying time both mentally and physically. The days are darker, colder and shorter and our bodies become more susceptible to all kinds of winter nasties like cold and flu. While it sounds tempting just to stay inside and hide from it all, being proactive about your health and wellbeing will help ensure that you make it through the cooler months cold and flu-free, and in tip-top shape.

Here are tips for supercharging your winter wellness:

- **Wash your hands:** Sounds simple but it's the number one way to stop the spread of germs.
- **Get vaccinated:** The seasonal flu jab provides 12 months of cover against the major strains of flu.
- **Keep exercising:** It's hard to get motivated when it's cold and dark, but your body has to work overtime to get warm, so you can burn more kilojoules on that early morning walk or run. Find an exercise partner to keep you motivated, walk the dog, involve yourself in sport and if it's too cold outside, go to the gym. Exercise improves mood and helps to reduce any stress and anxiety you may be feeling.

Remember, you don't need to set aside long periods of time to exercise. Break down a 30 minute workout into 10 minute sessions throughout the day – it has the same benefits.

- **Eat well:** Keep your immune system in shape by making sure you're eating a healthy diet. For your body to be able to respond to infection, it needs to have enough protein, so enjoy lean meat, fish and

Autumn has arrived. With winter on the way it's a perfect time to purchase a winter scarf from the Social Justice group.

Navy and white scarves can be purchased from College Office for \$16.

poultry. Give your full attention to the present moment and choose foods that are nutritious and filling. Eat slowly by taking the time to reflect on the nutrients provided, as well as the benefits of eating good clean food.

- **Go outdoors and get some sunshine:** As we tend to spend most of our time indoors and often cover up when we do go outside, our vitamin D levels tend to deplete during this time.

What is also encouraged is to get active at midday which helps with vitamin D production. Apart from topping up on our Vitamin D, stepping outside also makes us feel better, and helps to improve our mood.

Dose up on vitamins and minerals Iron, Zinc and Vitamin C are also key to a healthy immune system. But before popping supplements, boost your dietary intake of these substances. Look for dark, leafy greens and red and yellow vegetables, which are all high in antioxidants.

- **Stay hydrated:** Drink at least eight glasses of water each day. If cold water is unappealing when the mercury dips, try boiled water with a slice of lemon. The moisture will also help make mucous membranes, including those in your sinuses, more resistant to bacteria.
- **Rest up:** Regular sleep is vital to staying healthy. Don't let yourself get run down. Those who aren't well rested are more likely to get sick.
- **Clean up winter mould:** Mould can trigger nasal congestion, sneezing, coughing, wheezing, respiratory infections and worsen asthma and allergic conditions. So move your spring clean forward to autumn.
- **Save your skin:** Cold air, wind and heating will dry out your skin, so keep your face and body well moisturised.
- **Plan fun activities:** To keep your spirits up during the dark, cold, and wet winter months, plan some fun activities and treats for yourself, and for your family.

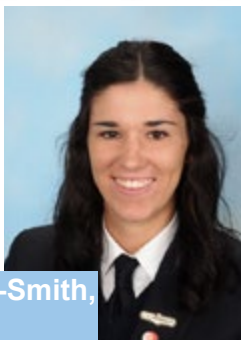
Sandy and Carmel

Information: www.thinkhealthwellbeing.com.au
www.bodyandsoul.com.au

WHERE ARE THEY NOW?



Laura Byrnes-Smith,
Class of 2015



This week's 'Where are they Now?' piece has been written by Year 10 journalist Emily Tymensen after Laura Byrnes-Smith visited the College to talk to students about her career pathways and surviving VCE studies.

On Wednesday 19th April 2017, nineteen year old Laura Byrnes-Smith, an ex St Mary's student and school captain, visited our year 10 Journalism to chat about her school/college experience and the journey she undertook to get to where she is now. Her message was to try your best and have a go at everything that is thrown your way.

Laura started out at St Francis until grade 5 and then moved to GV Grammar School in Shepparton and studied there for three years. She realised that this school wasn't the right place for her as her grades weren't improving. Laura then moved to St Mary's Secondary College in Nathalia. She knew that this was going to be right for her. As she made a few friends and found out the school offered so many things, Laura found herself signing up for everything that came her way from sports to social justice to Production. Production was to be a main role at school. She found production fulfilled her passion. This involvement saw Laura grow from a shy girl into a confident person. Laura participated in many productions throughout her high school life. Laura also volunteered in her local community by entering shows to do with cattle such as the Melbourne Show, Nathalia Show and the like. Having experience with cattle was also an interest and might have a pathway she could follow for her career.

Laura's high school life was coming to an end, Laura's last year saw her facing VCE. When Laura was in Year 9 she knew she wanted a career that involved agriculture and wanted to follow a pathway that led to this. Doing all these VCE exams she knew that this wasn't exactly what she needed to do for agriculture. As her year ended, she decided that she wanted to do further studies at the university in Dookie.

This involved a little bit of more hands on study which

Laura found she enjoyed. She studied there for one year. Laura said: "I wanted to have something more hands on". Looking through other universities she applied for Longerenong College, where she studied for the Diploma of Agriculture which leads towards being an Agronomist. This involves studying and working with soil and crops. Laura really enjoyed this studying and said: "I really enjoy the hands on tasks that are required as I am a more hands on learner than a thinker". She has been at Longerenong College since the start of the year and on Fridays Laura does some agriculture work around her home, and the rest of the time she is at college.

One of the other passions, Laura has pursued was music. As well as being at college, she plays her guitar in her spare time. Laura gets involved in singing at different events around the surrounding areas which she really enjoys. Laura's main taste of music is country and Laura says "I have always had a love for country music and I wanted to look further into it". Laura opened for Lee Kernaghan in Shepparton and performing her songs before he entered the stage.

As Laura completed all her years of schooling and moved to college life. Laura says "I had a really good experience and push through even when people are pulling you down".

Reunion

St Mary's Foundation Students

A group of students who commenced school at St Mary's when it opened in 1961 is organising a reunion for the 'original students' on Saturday 29th July in Melbourne CBD starting at 2.00pm at a venue to be determined.

A Facebook group has been established to bring together those former students who commenced school at St Mary of the Angels Nathalia ('SMOTA') in 1961 - 1973 and others who subsequently joined their year levels.

Please join our SMOTA Foundation Students Facebook group, at the link below (or search for 'SMOTA' on Facebook). <https://www.facebook.com/groups/SMOTA/>



If you went to St Mary's between 1961 - 1973 and don't use Facebook, just send your email address to mjbourke@dcsi.net.au and you'll be added to an email group to be kept informed or call 0409 512 672 for more information.

VOLUNTEERS NEEDED

TO SELL TOWN QUIZ

Could you spare a couple of hours to assist St Mary of the Angels Parents & Friends?

Mrs Alderton, our very generous Trivia Master, would like some assistance in selling 'Town Quiz' sheets at:

Cobram Woolworths:

12th & 13th May 10.00 am to 12.00 noon

18th, 19th & 20th May 10.00 am to 12.00 noon

Cobram IGA on:

26th & 27th May 10.00 am to 12.30 pm

2nd & 3rd June 10.00 am to 12.30 pm

Please contact Rachel McKay at Cobram BP on (03) 5872 2400

TO SERVE AT PRODUCTION INTERMISSION

The Parents & Friends are looking for assistance selling tea/coffee and intermission snacks on the evenings of the school production 25th - 27th May and the matinée show on Saturday 27th May. If you could assist please contact Loula Oliver or the College Office.

Mark Oliver, Parents & Friends

Thank you to those who joined this year's Parents and Friends Footy Tipping competition. We only had fifteen entries after thirty last year, but it certainly increases ones chances of winning by 100%.

Here is the current ladder after round seven. Mick Macheda is just in front with three tipsters only two points behind.

TIPSTER	
Mick Macheda	45
Mark Oliver	43
Cobram Courier	43
Andriana Oliver	43
Anthony Oliver	42
Greg Palmer	40
Ryan Wallace	39
R & K & Cats	39
John Giffard	38
Hugh Hyde	38
Mick Butler	38
Carmel Payne	36
Bev Young	34
Kevin Payne	33
Botterills	31



**Quiz sheets available from
9th May - 7th July 2017**

Please support our 'Town Quiz' fundraising event!

Entry just : \$1.00

The first correct entry drawn wins \$100 Cash.

All answers are an Australian Town with a postcode.

Most answers can be found on road-maps.

Spelling clues may be phonetic, actual or cryptic.

Once completed post back to the College Office
before 7th July 2017.

Send to: St Mary of the Angels Town Quiz
P O Box 141, Nathalia VIC 3638

Thank you to the following businesses (listed below) for the distribution and sales of the quiz.

Quiz sheets available from the following supporting businesses: Jean Alderton, Barooga Post Office, Cobram Office & Stationery Supplies, Cobram Tattslooto, Café 3641, The Big Strawberry, Finley BP, Limo's Hardware, Katamatite Post Office, Numurkah Pharmacy, McPherson's Mensland, Capri Pizza, Cobram BP, Bendigo Bank, Cobram Courier and St Mary of the Angels' Office.

Careers News

Maggie Booth, Careers & Pathways Coordinator

More detailed information regarding the Career Taster Program is located on our stmaryoftheangelscareers.com web page under workplace learning. Students can also follow the link on SIMON.



CAREER TASTER PROGRAM

ARE YOU IN YEAR 10 OR COMPLETING VCAL?
NOT SURE WHAT DIRECTION YOU WANT TO TAKE?

Try your hand at a huge range of areas, from baking to hairdressing, fitness to dental assisting. Work on your resume, tour workplaces and get career advice.

This program is delivered over 10 days (one day per week during Term 3) by GOTAFE with an opportunity to complete one week's work experience in your chosen occupation.

The Career Taster Program is part of the Multi Industry School Based and Pre-Apprenticeship Support Pilot Project supported by the Australian Government Department of Education and Training. CVGT Australia is very proud of its origins in Shepparton and have been delivering apprenticeships for more than 30 years. We are committed to partnering with you into the future to deliver quality apprenticeship outcomes.

For more information phone 13 CVGT today.

CAREER TASTER PROGRAM

The GOTafe taster program offers a wonderful opportunity to learn more about Professional Services and Health and Community Services.

This program runs for one day per week over July, August and September. It is a first in best dressed program as the 18 places are for across the Goulburn Valley.

This program could be a great way to explore VET training opportunities to include in your subject selection for Year 11 and 12.

Technology News



Humans of SMOTA

Digby Bunnnett, Year 9

On Thursday 4th May, Mr Orlandi's Year 9 Photography class (pictured above) headed down the street to take photos and interviews of locals from Nathalia as part of our Humans of SMOTA series.

The photography students have set out to recreate a Nathalia version of the 'Humans of New York' series which used Facebook to tell the stories of other people's lives through portraiture and interviews.

Many students faced the challenge of overcoming shyness and the awkwardness whilst talking to strangers and taking photos of them. The aim of the day was to find out about different people and their day to day lives.

It was a rewarding excursion that opened our eyes to the possibilities of journalistic photography.



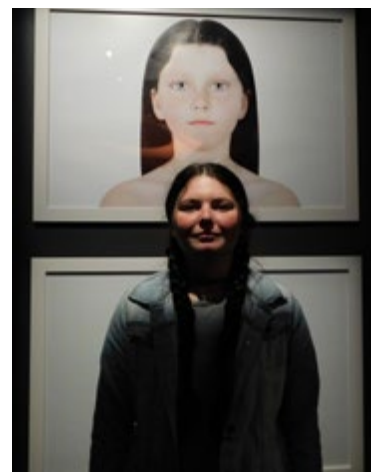
TOP Arts at NGV

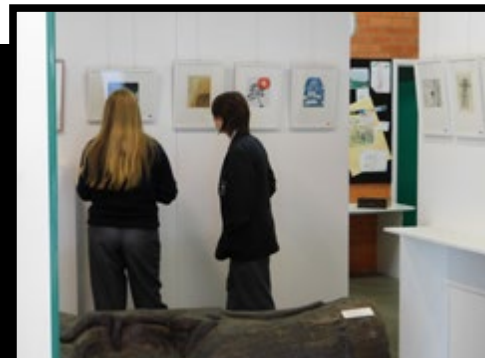
Anne Berend, Art Teacher

It was an early start for the Year 11 and Year 12 VCE Art classes as they travelled to Melbourne to attend the annual TOP Arts exhibition at the National Gallery of Victoria on Friday 5th May. Works included pieces by students from around the state who undertook either VCE Art or VCE Studio Arts in 2016 and demonstrated unique or exemplary ideas in both their completed art pieces and folios.

Students attended a folio viewing, intended to reinforce their own progress and show how other students approach the open nature of the course. We then listened as Ingrid, one of the Education staff at the NGV spoke at length about the rigorous process behind selection of the works exhibited and some of the stories around their development. After lunch, we then attended the exhibition, followed by many discussions about the pieces, their ideas and concepts as well as the production of the works. Year 11 students continued at the gallery to explore works in a historical context based on the theme of "The Environment", focusing on Australian works at the Gallery.

Positive feedback from both the students and staff was received about the day, with many inspired to pursue the option to apply for the 2017 TOP Arts exhibition.





Printmaking Exhibition

Anne Berend, Art Teacher

On Thursday 4 May, the Unit 1 VCE Art class visited the Printmaking Exhibition at the Nathalia G.R.A.I.N. Store, which is part of their select exhibition program. Entitled 'The Impressions Exhibition' works are from a variety of artists including Chris O'Doherty (aka, Reg Mombassa), Rick Amor, eX de Medici, William Kelly and Dianne Cook as well as many others make up the exhibition showing works by 50 artists.

Ken Wong, the gallery curator, spoke to the students about the works and their variety of subject matter, techniques and the philosophies behind the exhibition. Currently, Unit 1 VCE Art students are working on their own lino prints for the upcoming exhibition also at the G.R.A.I.N. N. Store "Young at Art". This will present works from many secondary students in the Moira Shire. The exhibition is designed to celebrate the varied talents of the students, and their interests through Art making. It will be held from Thursday 1st June to Saturday 24th June 2017, with all students and their families are welcome to attend. If students from Yrs. 9 – 12 have work they have produced at school and would like to be involved in the exhibition, please contact Mrs Berend.

SHEAR TALENT ON SHOW

Vanessa Byrnes, Show Team Coordinator

On Monday of this week our Cattle and Sheep Handling Team spent the afternoon at the Byrnes-Smith farm just outside of Nathalia learning the finer details of handling sheep.

The six students and Mrs Byrnes busily prepared the ewes and ram recently purchased from Willow Drive South Suffolk Stud for the upcoming Melbourne Agricultural Show and Bendigo Sheep Show.

The flock are now part of a breeding program at the College further enhancing agricultural based electives currently on offer for those students who may pursue future careers in the agriculture sector.

As the day progressed the sheep became more accustomed to our students as they were led around the pen in preparation for the show judging. Jacob Brennan took on the head strong ram 'Francis' who was just a little flighty around the 'girls' Carmel, Clare and Kiely.



ABOVE L-R: Jacob Brennan, Connor Griffiths, Darcy Kennedy, Lily Smith, Ryan Hayes and Bridie Chester with Agriculture teacher, Vanessa Byrnes and Loui the dog.



Loddon - Mallee Tennis

Nick Bakogianis

The AFL has the Freo – Brisbane as its big road trip. The A-league has the Perth - Wellington as its big one and SMOTA has the Numurkah - Mildura seven hour roadie to the Loddon – Mallee round two tennis play - offs.

Two SMOTA teams, Intermediate Girls (Lily Bond, Lilly Kennedy, Sophie McCracken, Molly Coburn and Georgia Walpole) and Senior Boys (Tristen Lee-Madgwick, Josh Smith, Jack Wilson and Alex Bakogianis) qualified for the Mildura tournament after winning the Campaspe zone earlier in the term.

We headed off last Sunday lunchtime and got into Mildura at around 7.30pm in time to settle into our cabins grab some pizza and prepare for the next day. The morning was chilly but soon became a hat and sunscreen day with the boys playing Catholic College Bendigo and the girls playing Bendigo Secondary College. The boys won 4-2 after winning the last two doubles sets, unfortunately the girls lost in a close 4-2 result. Round two saw the boys play a red hot Mildura team boasting four ranked juniors who were too strong for our boys, 1-5 result. The girls had a good battle against St Josephs Mildura but again went down 4-2. The round three battle for both teams was against Maryborough and easy win was the result for both teams. The girls won 6-0 and the boys won 5-1. The final round of the day saw the boys needing a win against Swan Hill to take home the second placed pennant but after a slow start the boys went down by one game after being level 3-3 on sets, to finish third overall. The girls again had a close battle with McKillop College Swan Hill but went down 2-4 to finish fourth overall.

Once again all our students conducted themselves wonderfully both on and off the court. We hopped back on the bus for the 7 hour return trip. Thanks to Strazz for organising the trip and Camile for driving us.



Women's Health Week

Hamish Dalitz, VCAL

Last week, the VCAL class organised activities, healthy foods and drinks for the students within the school to promote and raise awareness about women's health.

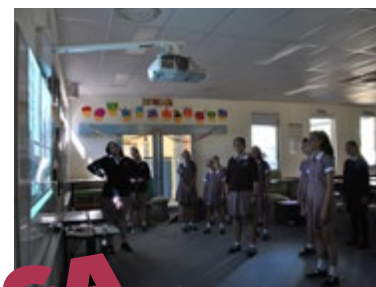
On Monday, VCAL students ran Yoga at recess for the girls in Year 7 and 8 in the Year 8 building followed by a lunchtime meditation session for the senior students in S1 and S2. There were also healthy smoothies on offer for all to enjoy.

An open mic was conducted on Wednesday for staff and students to show off their talent. There was a creek walk at recess for anyone who needed to go for some exercise and clear their thoughts.

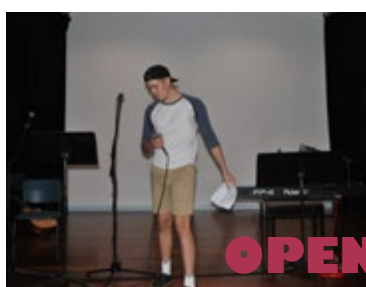
Wednesday night, there was a Women's Night Out for all the girls in our College and their significant person in their life. There were two guest speakers. One of the guest speakers (Kristy Hunter) talked about family relationships and mother/ daughter relationships; and, the other (Kelly Nash) talked about body image. They professionally presented many challenging issues sprinkled with great comedy.

Thursday during community time the Year 8 and 9 boys took part in a Kahoot quiz on Women's Health. The questions were created to get the younger generation of the College to realise just how serious mental health, not only in men but women also. Additionally we made fruit plates for all to eat.

The VCAL group would like to thank everyone for participating and wish our Mums a special Mother's Day.



YOGA



OPEN MIC



WOMENS' HEALTH SESSIONS

Technology News



Year 8/9 Food Technology Mother's Day Cakes

Year 8 and 9 students have been working hard this week decorating their chocolate cakes. The students have researched ideas and created a design to decorate their own Mother's Day cake. These have turned out extremely well and I am sure all our mothers will be very impressed with their special gift.

St Mary of the Angels Secondary College proudly presents
the production of

Disney 'The Little Mermaid'

Music by
ALAN MENKEN

Lyrics by
HOWARD ASHMAN
& GLEN SLATERY

Book by
DOUG WRIGHT

Originally Produced by
Disney Theatrical Productions

Evening Shows
will be held in the
St Clare Auditorium
at St Mary of the Angels,
Nathalia

Thursday 25th May, 7.00pm

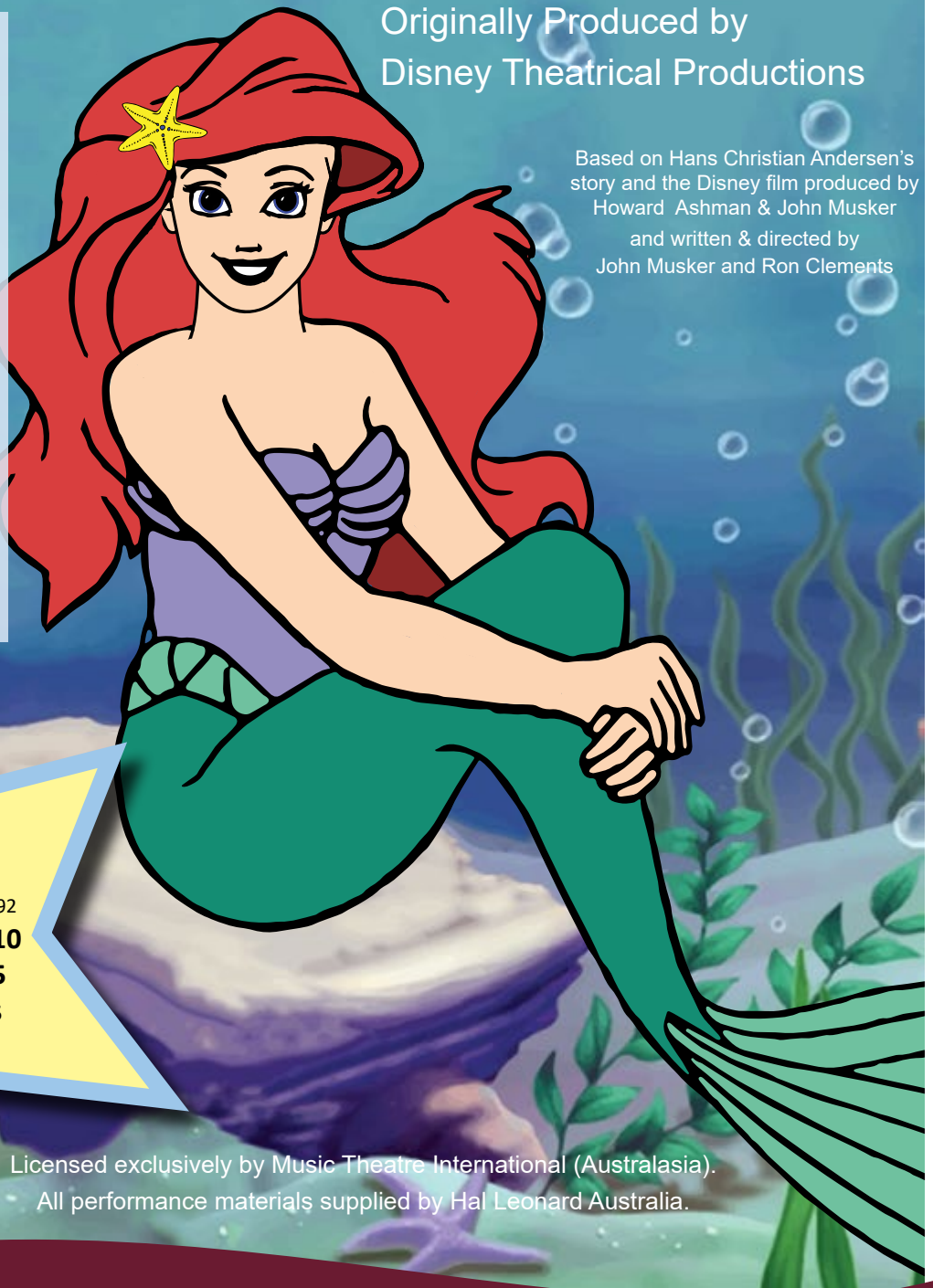
Friday 26th May, 7.00pm

Saturday 27th May, 7.00pm

MATINEE SHOW

Saturday 27th May, 2.00pm

Based on Hans Christian Andersen's
story and the Disney film produced by
Howard Ashman & John Musker
and written & directed by
John Musker and Ron Clements



TICKETS

can be booked online at:
www.trybooking.com/272092

Adult Tickets \$10

Child Tickets \$5

Family Tickets \$25
(2 x Adult & 2 x Children)

Licensed exclusively by Music Theatre International (Australasia).
All performance materials supplied by Hal Leonard Australia.

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