

The Angel

Thursday 17th August 2017, Volume 21



Principal's News

Dear Parents, Guardians, Students and Staff,

One of the many features of our College is our willingness to be outwardly focused and proactive for the betterment of our students. Our much loved FMDM sisters answered the call to come to Australia and start our school with the simple words 'Thy will be done'. Our school motto has resonated through many of the activities currently taking place at the College.

Our Year 9 immersion program is about half way through. Our staff and students have travelled to many parts of Australia to build relationships and assist aboriginal education and communities as best we can. To work in some of Australia's most remote communities, assist our aboriginal brothers and sisters, learn how to respect land and country and be more educated about the plight of the first Australians is contemporary education at its very best. Good luck to our staff and students heading off to the Grampians and Yipirinya in the coming weeks.

Congratulations to our VCAL team, particularly Tayla Dempster for organising Zaidee Day on Tuesday. The Zaidee Foundation supports awareness for organ and tissue donation. It was a privilege and a pleasure to host Mr. Allan Turner, Zaidee's father and founder of the organization on the day. We hope our funds raised on the day will continue to support Allan's work.

Congratulations to our 26 graduates from this year's Franciscan Student Leadership Program. Throughout the course of the past five Wednesday evenings the cohort of aspiring leaders have worked with Mr Tim Campbell, Mr Paul Desmond, Fr Rob Galea, Ms Kate Wilde and myself. I was fortunate to deliver the session on public speaking and listen to their ideas and opinions on what makes a leader and what are some of the key qualities of good leadership. All students, without exception spoke with passion, confidence and an authority of knowledge and wisdom.....We are in really good hands!

On Wednesday evening we conducted our Franciscan Pilgrimage information session for interested members of our community. Thank you to those who were in attendance and we now look forward to organizing the pilgrimage and taking members of our community to Rome and Assisi. For those who couldn't join us on Wednesday please give Ruth, Chris Summers at St Francis or myself a call to discuss any questions or concerns that you may have.

I am sure that our past FMDM sisters and more specifically, Sr Ann Kiely (RIP) and Sr Carmel Spratt would be comforted in the

knowledge that our staff and students are also living by the words 'Thy will be done' in our day to day actions.

Our thoughts and prayers are with the Langshaw family after the death of their beloved Amanda last week. May Amanda rest in the palm of God's hand and may Brett, Debbie, Cameron and Dylan find peace at this time.

Pace e bene, (Peace and all good)
Matt Carver

Prayer for Future

Loving God,
each day as I step further into my future,
give me the courage, knowledge and
patience that I need.

Remind me that you always journey with me
and that you will never lead me into anything
that you won't lead me through.

Thank you for the gift of my life.

May the way I live be my gift back to you -
with your love and guidance

In Jesus' name

Amen

Franciscan Pilgrimage, 2018

Thank you to everybody who attended our information session on Wednesday evening. For those interested, the following explains the next steps.

- Pay \$1000 deposit to Carmel Payne at the College office by September 1st.
- The organising of flights is a personal responsibility. Flights need to be sorted and details provided to Carmel Payne by December 20th, 2017.
- The land component final figure is approximately \$3,700 AUD. This payment is required in the new year.

St Mary of the Angels Secondary College

Chapel Street, Nathalia, Victoria, 3638

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Deputy Principal's News

Ruth Hartnett-Carr

Deputy Principal - Catholic Identity

As you know we are preparing for the FMDM Grand Prix on the last day of the term. Last week I promised I would let you know how the money we raise actually gets to the Home of Peace in Zimbabwe, as it is an interesting journey. A number of years ago we hosted a group of FMDM sisters at the College and I had a conversation with one of the sisters who had been our 'money carrier.' She shared her story with me and now I share it with you.

After the money that is raised from the FMDM Grand Prix is counted and banked it is then wired to the FMDM Motherhouse 'Ladywell' in England. Due to the corruption that exists in Zimbabwe it is not possible for the money to be wired to a bank in Zimbabwe, so the money we raise enters the country as cash. From Ladywell the money travels with any of the sisters who are going to Zimbabwe. It sounds simple in theory, however in practice this is where it now becomes political. President Mugabe, who rules Zimbabwe, instructs those who guard the borders of the country, to allow citizens of countries who support his regime to move into the country with very little interference, aside from declaring what country they are from and producing the supporting passport. For other travellers from countries who do not support President Mugabe they are thoroughly searched and often have possessions confiscated from them. If a traveller were to be carrying currency from a first world country this too would be confiscated.

The money we raise is converted into the currency of the country that borders Zimbabwe from which the sisters will enter from, so as not to alert the boarder guards. When the sisters' travel into Zimbabwe they will travel as a small group and when taking the money into the country it is the sister who is a citizen from a country that is sympathetic to President Mugabe who has the money on her. The money is not carried as a wad of cash, rather it is spread throughout the clothing she is wearing and the luggage she is carrying. The cash is then used to pay the school fees for children who have been orphaned and live at the Home of Peace.

Parents & Friends

Please join us for a Social gathering at the Shamrock Hotel in Numurkah on Wednesday 30th August, 6.00pm

Dinner & Drinks will be available to purchase. We will be discussing fundraising ideas and the 2018 Deb Ball. Please come and join us. Please RSVP to the College Office no later than Monday 28th August.

It's an interesting journey the money makes from the purses and wallets in our area. Here's hoping that this year we raise enough money that more than one sister is needed to carry the money into Zimbabwe!

Tim Campbell

Deputy Principal - Student Wellbeing & Development

FRANCISCAN STUDENT LEADERSHIP PROGRAM

This week was the final session for the Franciscan Student Leadership Program. The students participated in a public speaking session with Mr Carver and looked at badged vs non-badged leadership as well as what it is to leave behind a positive legacy.

I would like to congratulate all students who participated in the program. You have done a fantastic job and we look forward to seeing how you take these newly learnt skills into the future.

SWPBS AT SMOTA

On Friday 25th August the staff at St Mary of the Angels will be participating in an in-service day regarding School-Wide Positive Behaviour Systems and the Victorian Curriculum (**please note this is a student-free day**). The day will involve exploring our values as a Catholic/Franciscan school and how these form the expectations of students and staff at the College. As part of this process, we are inviting all members of our school community (students, teachers, parents/guardians) to have their say on what expectations/values they consider most important. Please click on the link below and complete the short survey which will enable us to hear what people have to say.

https://docs.google.com/forms/d/e/1FAIpQLScA6-FInnqZ2f3Pt8YbRya_tdu7X_LETcx6CKAAfGAUtp7rTg/viewform?usp=sf_link

L.A. Interviews

Wednesday 6th September

5.00 pm - 8.00 pm

Barooga Sports Club, Barooga

Wednesday 13th September

4.00pm - 8.00 pm

St Mary of the Angels, Nathalia

Thursday 14th September

9.00 am - 3.00 pm

St Mary of the Angels, Nathalia

NSC interviews are on the 13th September. To make an appointment call the NSC Office on (03) 5866 2331

To book your SMOTA interview please go to: pam.smotanathalia.catholic.edu.au or contact the College for further assistance.

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Deputy Principal's News

Bev Thorp

Deputy Principal – Learning and Teaching

LEARNING ADVISOR INTERVIEWS

Learning Advisor Interviews will be held toward the end of term at both Barooga Sports Club and the College. We strongly encourage all parents/carers to make a time to speak with your child's Learning Advisor to ensure that each of student, College and home are working together to maximise the educational opportunities and development for your child.

Learning Advisor interviews are now able to be booked via PAM, while subject based interviews with VCE teachers will be made available later in the term.

Interviews at Nathalia Secondary College will also be held on the 13th September, and students who attend subjects at Nathalia Secondary College will be able to make appointments to speak with teachers by contacting the NSC Office on 58662331.

Wednesday 6th September, 5.00 pm - 8.00 pm
at Barooga Sports Club, Barooga

Wednesday 13th September, 4.00pm - 8.00 pm
St Mary of the Angels, Nathalia

Thursday 14th September 9.00 am - 3.00 pm
St Mary of the Angels, Nathalia

SCIENCE WEEK

I may be showing my bias as a Chemistry teacher, but I love Science Week.

This year was no exception as staff and students came together to celebrate National Science Week. Students have been involved in a variety of lunchtime activities during the week, ably assisted by senior science students running the activities for the younger year levels. Students have participated in fun minute-to-win-it activities, the ever-popular biology dissections and the now infamous chemistry presentation. Year 7 and 8 students have been involved in an egg-drop competition during class, with finals being held this afternoon. Congratulations to Michelle McCracken, Amy Bright and the Science team for promoting the sciences in such a positive and engaging manner.

STUDENT FREE DAYS

Next week will see two student free days as staff continue to build our strengths as positive and effective teachers. Monday 21st will see staff participate in a Spirituality Day, while staff will engage in professional development on Friday 25th. This professional development will include a focus on School Wide Positive Behaviours, and also the development of assessment rubrics. With the

implementation of the Victorian Curriculum, there is an increased focus on looking at learning as a developmental continuum. Teachers need to assess where students are in their learning, and teach them from there. Importantly, students also need to know what is the next step in their learning. This helps them to take more control over their learning, and helps to promote motivation. Increasingly, teachers will be utilising developmental rubrics with a move to make these the assessment method of choice in 2018.

VCAL PROJECTS

Our Senior VCAL students are currently undertaking a range of projects that go toward the completion of the Personal Development Skills part of their program. This included a Zaidee rainbow themed out of uniform day this week to raise funds and awareness for organ and tissue donation. Each of Year 7, Year 8 and VCAL students were treated to a presentation from Allen Turner with regard to the work of the Zaidee Foundation, with the merchandise stall at recess and lunch seeing a marked increase in rainbow shoelaces in the yard! Well done to all of the VCAL team for the varied and ongoing projects in which they are involved.

Important Dates:

TERM 3

21st Aug	Student Free Day - Staff Spirituality Day
22nd Aug	Year 9 Yipirinya Group depart
23rd Aug	Year 12 Dinner
25th Aug	Staff PD - Student Free day
4th Sept	Year 10 Outdoor Ed Ski Camp English/Humanities Week begins
6th Sept	Parent/Teacher Interviews Barooga 5.00pm - 8.00pm
7th Sept	Year 5 Transition
11th Sept	Year 9 Grampians Group depart Campaspe Athletics Carnival
13th Sept	Parent/Teacher Interviews Nathalia 4.00pm - 8.00pm
14th Sept	Parent/Teacher Interviews Nathalia 9.00am - 3.00pm
20th Sept	Year 7 Immunisations Year 9 Subject Selection Information Evening
22nd Sept	Last Day of Term 3, FMDM Grand Prix

Last week we discussed the importance of parents in the lives of their teenagers, we thought this week we should continue talking about building strong family relationships. Again this information has been shared in a previous newsletter, but we thought worthwhile to continually remind ourselves of the importance of creating a strong family unit. So whatever shape or form your family comes in think about the following tips to ensure it is healthy, enjoyable, loving and supportive.

BUILDING POSITIVE FAMILY RELATIONSHIPS: TIPS

The ordinary, everyday things that families do together can help build and sustain strong relationships with teenagers. These tips might help you and your family:

Information from raisingchildren.org.au

- **Regular family meals** are a great chance for everyone to chat about their day, or about interesting stuff that's going on or coming up. If you encourage everyone to have a say, no one will feel they're being put on the spot to talk. Also, many families find that meals are more enjoyable when the TV isn't invited!
- Try setting aside time for **fun family outings** – you could all take turns choosing activities. A relaxing holiday, day trip, weekend away together as a family can also build togetherness.
- **One-on-one time** with your child gives you the chance to stay connected and enjoy each other's company. It can also be a chance to share thoughts and feelings. If you can, try to find opportunities for each parent to have this time with your child.
- **Celebrate your child's accomplishments**, share their disappointments, and show interest in their school work/hobbies/activities/sports. You don't have to make a big deal of this – sometimes it's just a matter of showing up to watch your child play sport or music, or giving them a lift to extracurricular activities.
- **Family traditions**, routines and rituals can help you and your child set aside regular dates and special times. For example, you might have a movie night together, a favourite meal or cooking session on a particular night, a family games afternoon or an evening walk together.
- Agreed **household responsibilities** give kids of all ages the sense that they're making an important contribution to family life. These could be things like chores, shopping or helping older or younger members of the family.

- **Limits and consequences** give teenagers a sense of security, structure and predictability. Agreed-on rules help your child know what standards apply in your family, and what will happen if they push the boundaries.
- Have **family meetings** to solve problems. These give everyone a chance to be heard and help work out a solution that everyone is part of.

And if you feel that your family really isn't connecting, you might find a family counsellor or other family support service helpful.

Year 12 News

Steph Sparrow, Year 12 Teacher

SUGAR AND SPICE and all things nice, that's what Year 12's dreams are made of.

On Friday the class of 12G, plus our 'refugees' from 12W were treated to some fabulous treats from Sugar and Spice, the brainchild of Year 12 student Bree Sargent, who has been baking delicious treats for students and staff all year.



Steph, Positive Panda and Bree with some of the cupcakes

Positivity Panda and the students from 12G were rewarded with Bree's cupcakes, to celebrate the completion of their final written English SAC and to remind them that the end is near. As Year 12 students face a busy fortnight, with SAC's and VTAC preferences all competing for a share of their time.

Sugar and Spice was created by Bree Sargent, after she saw the market for home baked treats. Bree's options include cupcakes 'Pumpkin Spice Latte' and Cakes in flavours such as Apple and Cinnamon. Or you could be a bit more adventurous and try Miss Sparrow's favourite a 'Raspberry and Ricotta' tart.

Feel the need for some of Bree's baked goodies in your life?

Catch up with Bree and ensure that your next morning tea or birthday is taken care of.

Sugar and Spice
Brianna Sargent
breesargent@hotmail.com



This year we will be celebrating the Feast of St Francis of Assisi on the last day of term three with a liturgical celebration as a school community, followed by Feast Day activities in conjunction with the FMDM Grand Prix.

Each year the FMDM Grand Prix event raises much needed funds to assist the FMDM Sisters who support and help educate orphans in Zimbabwe. We ask that students seek sponsorship for their homeroom's 'Grand Prix Car' with families, friends and businesses in their local communities (*Attached to this week's newsletter is a letter for sponsorship requests from businesses and families*).

So please start collecting your cardboard and seek donations for our annual FMDM Grand Prix which will take place on Friday 22nd September.

On the day there will be a car parade at recess, with the great race held later in the day during the Feast Day activities. There will also be sausages (\$1.50) and soft drinks (\$2.00) available for purchase at lunch.

There will be prizes for:

- the 'best car on show' in the Junior, Intermediate and Senior section;
- The homeroom that raises the most sponsorship and donations;
- and the homerooms that wins their respective race (junior, intermediate and senior).

The Rules of the race will be as follows:

1. Three races will be run: Junior (7&8), Intermediate (9&10) and Senior (11&12)
2. The car that enters the parade must be the same car which competes in the race. No pieces can be added or removed after the 'car parade'.
3. All racers must wear a helmet at all times. (The protective and safety qualities are not an issue).
4. Two laps of the circuit to be completed with a change after one lap. The driving team must be comprised of two males and two females.
5. After the first lap, the car may undergo repairs.
6. To be qualified a finisher, the car must still be held together at the end of the race.
7. A car can be made of several pieces of cardboard or boxes, but it must be a single box. (Trains not permitted)
8. Judges' decision is final and no dispute will be entered into.

All money raised will be donated to the FMDM sisters to fund their aid work in Zimbabwe. A portion will also be given to the community that our Year 12 students will assist while participating in the Alternative Schoolies program at the end of this year.

3rd August 2017



To Whom It May Concern,

The St Mary of the Angels Secondary College Social Justice Group, is coordinating the annual FMDM Grand Prix Event on Friday, 22nd September. Last year we raised \$5,360 which was donated to the FMDM orphanage in Zimbabwe. We are hoping to at least match this amount but endeavour with your help to exceed it. This year we are planning once again to send this money to aid the FMDM sisters in Zimbabwe and also contribute towards the community our Year 12 students in the Alternative Schoolies program will assist at the end of this year.

Students in each homeroom are invited to build a cardboard car (like on the Flintstones), decorate it and enter it in an obstacle race. Each homeroom is asked to raise money through sponsorship. The logo/name of the sponsors will appear on the cars that they make, as well as in the St Mary of the Angels newsletter, 'the Angel'. The race is a handicap event, so the more money raised by each homeroom the greater the advantage in the race.

Any donation, irrespective of the contribution, would be greatly appreciated. Your money will contribute to the success of our event and will be put towards a worthwhile cause.

Yours sincerely,

Ruth Hartnett-Carr
Deputy Principal – Catholic Identity



ST MARY OF THE ANGELS FMDM GRAND PRIX 2017

Name & homeroom of student requesting sponsorship:

.....

Name of Business/Organisation:.....

Contact Person:

Mailing Address:

Amount donated:

Zaidee Day

Tayla Dempster - Year 12 VCAL

Tuesday 15th August, St Mary's hosted 'Zaidee Day'. This day's aim was to raise awareness around "Zaidee's Rainbow Foundation". The Zaidee Rainbow Foundation aims to inspire discussion around organ and tissue donation. This foundation was chosen as its target audience is of every age level therefore hopefully creating more discussion in families. The day began with students arriving at school full of colour. While VCAL students were cooking all rainbow-themed sweets, Allan Turner, Zaidee's dad and founder of Zaidee's Rainbow Foundation, spoke to the year 7 & 8 students about Zaidee's story and how it changed their life. As well as talking about their story, he also spoke about why discussion amongst families is important. Allan spoke about ways of getting the message out and showed the students all sorts of products they use such as coloured football boots, rainbow shoelaces and even rainbow poncho beanie kids. At the end, when asked about organ donation, all students raised their hand saying they would look at donating. At recess, a rainbow cake stall was run, selling cupcakes, fudge and many sweet treats. As well as the cakes, rainbow laces and wrist bands were a big hit, selling quickly. The goal of raising \$1,000 was met as well as the goal of creating discussion amongst students and teachers



Above: Tayla Dempster and Allan Turner.
Below: Allan talking to students.



Above: Rainbow-themed cake stall.
Below Right: Costa Gillespie.



Stephanie Alexander Kitchen Garden

Philip Hayes - Year 12 VCAL

The Stephanie Alexander Kitchen Garden is a program for primary schools where the students grow vegetables in a garden and then cook them in groups. St Mary's VCAL Program sends students each week to help St Francis Primary School students in the garden and in the kitchen with cooking the produce. Two groups go to St Francis, one group on Monday morning to help the grade 3, 4, 5 & 6 students and the other group Monday afternoon work with grade Prep, 1 & 2.

The program was started in 2001 at Collingwood College by Stephanie Alexander. She believed that children needed to learn where food comes from and its journey from the garden to the table. Since it was started the program is used in 11% of Victorian schools as of September 2016.

The kids learn many skills, how to grow and tend their gardens all the way through to cooking. This program also helps in the building of skills like team work. All the kids genuinely enjoy and look forward to the sessions every week.



Back: Teea Brattle, Mikala Littlejohn, Vanessa Mangles.
Front: Georgia Carkeek



P&F FOOTY TIPPING

Mark Oliver, P&F

It has been a good round for the Cobram Courier picking 8 correct tips to take the lead by 1 from Mick Macheda. There is still a battle for 3rd. Last place looks like it's all sown up by the Botterill's being 11 tips behind 2nd last.

ROUND	TOTAL
Cobram Courier	125
Mick Macheda	124
John Giffard	116
Andriana Oliver	115
Hugh Hyde	114
Mark Oliver	113
Anthony Oliver	113
Greg Palmer	112
Ryan Wallace	112
Kevin Payne	109
R & K & Cats	108
Mick Butler	108
Carmel Payne	101
Bev Young	97
Botterills	86

VTAC is now open for 2018 tertiary applications. The Year 12 group undertook a briefing in community time on Thursday in regard to the roll-out of this application process.

Prior to the closing of VTAC applications Maggie will be available to support students with their Registration, Application, Access and Equity, Scholarships and Accommodation applications. Although this presentation covered the Victorian application process, we also support other state applications throughout this time.

A brief overview of the VTAC application process will also be covered with parents at the Senior School Dinner on **Wednesday 23rd August**.

If any parents have any questions or concerns about this process please do not hesitate to contact Careers Coordinator Maggie Booth at the College on 58662222.

Public Notices



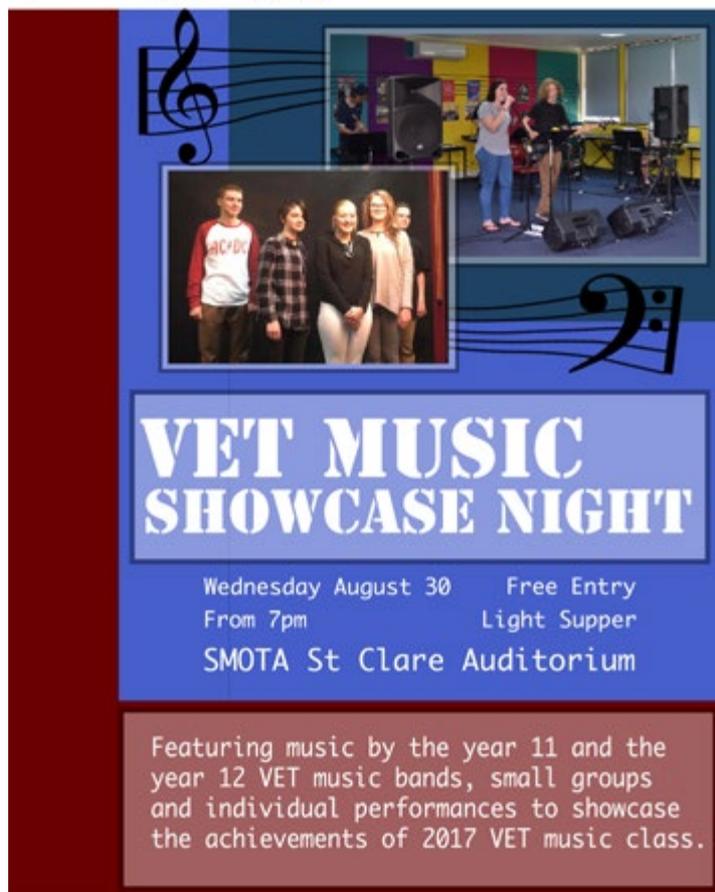
Earn by shopping online for your school. Get your first delivery FREE. Shop now.

Woolworths Earn & Learn 2017

This year we are again participating in the Woolworths Earn & Learn program. Through this program we will be able to get new educational resources for our school and all you need to do is shop for your groceries at Woolworths.

Until Tuesday 19th September or while stock lasts, we are collecting Woolworths Earn & Learn Stickers. You will get one Woolworths Earn & Learn Sticker for every \$10 spent (excluding liquor, tobacco and gift cards). Place the Woolworths Earn & Learn Sticker onto a Woolworths Earn & Learn Sticker Sheet and when it's complete, the Sticker Sheet can be dropped into the Collection Box here at the school or at your local Woolworths.

At the end of the promotion, we'll be able to get some great new equipment. The range is extensive and offers lots of items ideal for our students – including resources for Maths, English, Science and some fantastic fun supplies for Arts & Craft, Sport and for our library. If you'd like to know more visit woolworths.com.au/earnandlearn

VET MUSIC SHOWCASE NIGHT

Wednesday August 30 From 7pm
Free Entry Light Supper
SMOTA St Clare Auditorium

Featuring music by the year 11 and the year 12 VET music bands, small groups and individual performances to showcase the achievements of 2017 VET music class.