

The Angel

Thursday 15th November 2018, Volume 31



Principal's News

Dear Parents, Guardians, Staff, Students and Friends,

It is always a fitting celebration and tribute to our fallen ANZAC soldier, when the RSL, the local schools and the Nathalia community come together at the Memorial Gardens to acknowledge Remembrance Day. Last Friday was no exception. The speakers, singing and reverence displayed by the students and community illustrated the significance that this day has on our national agenda. Thank you to Mr John Nihill for his coordination of the event and thank you to the local RSL sub branch for allowing the Nathalia Learning Community to be so heavily involved in this significant event.

This week our Year 10 and 11 students are participating in the bi-annual exam festival. Our Year 12 students have almost completed their exams and will finally be able to take a well-earned break. The learning, study timetables, anxiety, revision and nervousness that our Year 10 and 11 students are feeling at the moment will no doubt place them in a good position for their VCE studies and exams next year. The final Year 12 exams carry significant weight and it is important that our students are well prepared.

In Cobram, next Thursday evening we will formally come together for Graduation Mass and Dinner with our class of 2018. This is a significant milestone in their lives and I look forward to celebrating the year with the graduating students and their families. The evening marks the conclusion of 13 years of their primary and secondary education and it is always a highlight on the College calendar.

*Ever-living God,
We remember those whom you have
gathered from the storm of war
into the peace of your presence;
may that same peace calm our fears,
bring justice to all people
and establish harmony among the nations,
through Jesus Christ our Lord.*

Amen.



On Tuesday 20th November, we welcome our Year 7 (2019) students and families to the first of two Year 7 Information Evenings. The formal presentation will begin at 7.30pm however staff will be available from 6.30 pm to sort blazers, discuss bussing and complete medical indemnity information. The second Information Evening will take place on Wednesday 28th November.

Congratulations to Ms Jo Dryden who has been selected as a chaperone for the 2019 Spirit of ANZAC tour. This most prestigious honor involves a three-week tour of Vietnam with a second teacher chaperone to accompany the 14 successful students involved in the Spirit of ANZAC competition. I am sure this will be a most memorable experience for Jo and all of the award recipients.

***With Peace and Goodwill,
Matt Carver***

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Chris Dainton
Deputy Principal - Catholic Identity

Last Friday on 9th November the Nathalia Learning Community came together as one to commemorate Remembrance Day. A beautiful program conveying the context of the armistice that took place one hundred years ago was planned by Mr John Nihill and communicated by students from all of our local schools, alongside local RSL President Mackenzie Craig.

Two themes stood out for me as I listened to the reflections from a time in history that I can barely comprehend. The first and most powerful was sacrifice, and like our saviour Jesus Christ, the willingness of our forebears to commit their lives to what they believed in has major repercussions. Most notably is the fact that we now have a responsibility to ensure that each and every life that was offered for the cause, is remembered and dignified through services like the one we attended on Friday. We must recognise that the suffering and the sacrifice that has been experienced was for our sake and for our freedom. We are the privileged recipients of a legacy that must be honoured and as part of living our faith we can pray and reflect on the meaning of sacrifice every time we meet Jesus at His table.

The second theme that struck me was the great blessing of November 11th 1918 that resulted in peace. As witnesses of Christ we are called to be people of peace and so moving forward we hope to avoid the conflicts of the past that resulted in such destruction and death.

So, whilst we obviously weren't present in the time of Jesus' crucifixion or The First World War, we inherit a responsibility to honour the sacrifice of those who died for us and to live for peace in a still complicated world.

"Let the peace of Christ rule in your hearts, since as members of one body you were called to peace."
Colossians 3:15.

Bev Thorp
Assistant to the Principal - Learning and Teaching

EXAMS AND HEADSTART

All the very best to all students participating in Unit 3 and 4 external exams that began with English this week. A reminder that students are welcome to use the Senior Centre for study and to access teachers during the examination period.

Semester exams for all Year 10 and 11 students will be held from Tuesday 13th November to Friday 16th November. An exam timetable will be made available to students this week. As classes start to finalise their courses for the year and begin revision, I encourage students to reflect on the study skills sessions they have attended throughout the year, and review advice from their teachers and Learning Advisors to ensure that they maximise the impact of their revision. Study might include activities such as summarising notes, making flow charts or concept maps to organise information, using memory aid mnemonics or visuals, completing questions and practice exams.

Following exams, a two week Headstart Program will run with students beginning formal classes for their Unit 1 and Unit 3 classes. VCAL and some VET (Trade Training Consortium) classes will also run during the Headstart Program. It is especially important that all students attend each day of the Headstart Program to ensure that they do not miss any vital information and set themselves up well to make the most of their senior years of schooling. The final day of school for current Year 10 and 11 students will be Thursday 29th November.

YEAR 7, 2019 INFORMATION EVENING

The College will welcome families of students who will join us in Year 7 in 2019 with two duplicated information evenings held at 6.30pm in the San Rufino building on:

- Tuesday 20th November
- Wednesday 28th November

The evening will include highly practical sessions to assist families and their children to prepare for the first days of school next year. Families who are unable to attend either information evening are invited to contact the College Office to receive an Information Pack.

Tickets for the St Mary of the Angels' Major Raffle have been sent home with your child.

We ask that tickets are returned to the College prior to the draw on Presentation Night 11th December, 2018.

Deputy Principal's News

Tim Campbell

Deputy Principal - Student Wellbeing & Development

UNIFORM

Our uniform has regularly been mentioned as one of the best in the region and that our students wear it with pride and look amazing. However, recently there has been a noticeable drop off in the following areas:

1. Shirts unbuttoned
2. Black socks
3. Hats not being worn
4. Non plain t-shirts being worn
5. Skate/causal shoes

Could parents please take the time to ensure their child is meeting the uniform policy guidelines each day so that our staff can focus teaching rather than following up on poor uniform? We thank you in advance for your support.

SCHOOL TV

Having issues with your child and their devices and internet use? Take the time to visit our School TV for advice around teenagers and screen use as well as other wellbeing topics:



<https://smotanathalia.catholic.schooltv.me/>

Important Dates:

TERM 4

19 Nov	Unit 2 Outdoor Ed Adventure Camp
20 Nov	Year 7 2018 Information Night Numurkah / Nathalia Families
22 Nov	Year 12 Graduation Mass and Dinner
28 Nov	Year 7 2018 Information Night Barooga, Tocumwal, Finley & Strathmerton Families Final Homework Club Session
30 Nov	Student Free Day
11 Dec	Presentation Night

Art News

Year 8/9 Art

Ms Carter - Art Teacher

The Year 8/9 Art students have produced some lovely work this semester. Looking at Gustav Klimt's Tree of Life painting as inspiration with a focus on shape, pattern, colour and line, the students created their own canvas painting and incorporated personal symbols into the work. Earlier in the semester students explored line and pattern with Zentangle drawing.



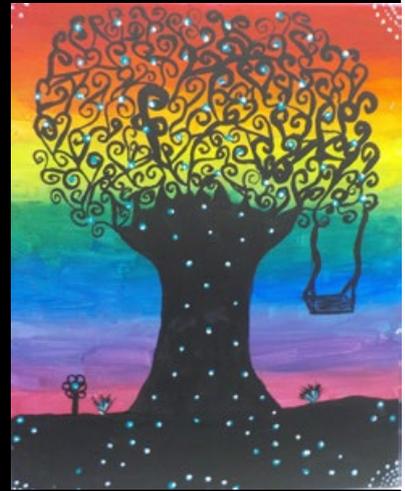
ARTISTS:

Above: Riley James

Right: Ella Osler

Bottom Left:
Ally Fitzpatrick

Bottom Right:
Will Johnson



St Mary of the Angels aims to provide a safe, supportive and welcoming environment where all students can flourish.

A GIFT THAT GIVES TWICE

The Term Four project for the Social Justice Group is called: "A gift that gives twice".

We are encouraging the school community to buy Christmas gifts, which not only give joy to the people receiving them, but also help the poorest of the poor in the world.

All of the gifts we have for sale are from The Trading Circle.

The Trading Circle was founded in Australia in 1995 as an economic justice initiative by the Good Shepherd Sisters. The Trading Circle is a not-for-profit ethical Fair Trade organisation directly importing and selling ethical Fair Trade products across Australia and New Zealand.

The Trading Circle works directly with 40 different producer groups - mainly microenterprises and community cooperatives in 10 countries across Asia, South America and Africa. These producer groups and projects exist only to create a reliable source of work and income for women in dire and difficult circumstances. Helping them to work and trade their way out of poverty with dignity by producing high quality handcrafted products under safe and good working conditions.

All producers and artisans receive fair and just wages for their handcrafted work. No middle party take a share or a profit from the earnings, it all goes to the producer groups directly.

The Trading Circle and the Income Generating Projects support the participating women and their families in a very wide range of ways, beyond simply the providing the structure in which they can learn their skills and produce their goods. The specific support provided is determined by the unique needs of the women participants, although there are many common across the groups as poverty creates similar disempowering circumstances for women everywhere.

This support potentially includes child-minding, pre-school, organising sponsorship for children to attend primary / secondary school and excitingly now some for university, providing education to learn to read and write, to complete their education, training in a range of specific vocational areas, support and assistance to move away from dependency on prostitution, health assistance, legal assistance, education in their individual and marital rights, support in circumstances of domestic violence and shelter if required. A unifying focus of the additional programs provided by the projects is to



support and empower both young and older women to be confident in themselves and that it is in their power to make positive changes to their lives.

These items can be purchased outside the science labs during lunchtime beginning on Monday November 19th for two weeks.

Please bring your money or eftpos card and start your Christmas shopping early.

Remembrance Day



Remembrance Day Sunday, 11 November 2018 marks the 100th anniversary of the Armistice which ended the First World War (1914–1918).

St Mary of the Angels gathered on Friday with Nathalia school students, RSL members, dignitaries and members of the general public to participate in a commemoration in the lead up to Remembrance Day.

The ceremony included a formal wreath laying and we observed one minute's silence at 11am, in memory of those who died or suffered in all wars and armed conflicts.





**Sandy Carmel and Rowan
Wellbeing Team**

TABLE TALK

It's that time of the year when many of our senior students are most likely stepping up their part-time work or contemplating applying for some work over the coming holiday break.

Becoming part of the work force is a very important step in a young person's development. It boosts Meaning and Purpose. Part-time jobs are great introductions to the world of work and learning opportunities.

They enable you to:

- Raise money to save and spend
- Meet new people to build your and their wellbeing
- Experience different types of careers and work
- Feel a sense of satisfaction and independence
- Build your grit and growth mindsets by focusing on learning new life skills
- Make considered decisions on Work Experience

Something to think about.....

- Make sure the PART is not too big: no more than 10 hours weekly
- It is important to spend quality time with your family and friends
- Don't forget to use your strengths in your thinking
- Try to avoid NIGHT work, it is very tiring and may affect your health.

Balance is the key:

Raising the money you need AND enjoying quality leisure time.

Table Discussion:

What are two things I will start doing to learn more about part-time jobs?



RESILIENT
Think positively and keep trying when times are tough

**Alison Dietrich,
Positive Behaviours' Leader**

WHAT DO YOU SEE IN OTHERS?

Resilience is one's ability to think positively and bounce back from a challenging experience. Often, resilience is considered to be an ability that an individual may have, however, Dr Michael Carr-Gregg suggests that "resilience is not a rare ability; in reality, it is found in the average individual and it can be learned and developed by virtually anyone."

Keeping this view of Carr-Gregg in mind, we should consider that to support the development of resilience in the young people in our lives, we should think of it as a process where we help those in our community to discover their own unique abilities.

At SMOTA, we encourage our students to embrace mistakes because we see mistakes as perfect opportunities from which to learn. We also teach our young people to focus on what they can do because an optimistic attitude is what can help us to cope effectively when things do not go to plan.

Many of the students at SMOTA have demonstrated resilience recently in their progression through the examination period. It is important, however, for us to remind our kids that exams are simply a way of showing justice to the study that they completed throughout the year. No matter how each student performed on their exams, it is how they respond to these results that shapes their ultimate success.

Homework Club
Homework Club will have its final get together on Wednesday 28th November.

UNIFORM FOR SALE
Sports Track Top & Pants (L) New, Never Worn - \$60
Alison Dryden
aldryden@dodo.com.au
0457 044 492

Red Ribbon Day



Mrs Berend
Year 10 Team Leader

Friday 9th November was declared “Red Ribbon Day” in the Year 10 building.

As an act of solidarity and support for one of the students in the group, Year 10 initiated and followed through with a gold coin donation (or better) raising money to donate to the family.

Students readily supported this initiative, resulting in \$250 being raised, as well as demonstrating the SPARK value of being Kind. A fantastic effort Year 10.

School TV

STOP THE PRESS!

HAVE YOU CHECKED OUT SCHOOL TV YET?

Our topic suggestions: Internet addiction, Cyber bullying, Social Media and digital reputation, to name a few!

This amazing resource is easily found on the left hand side of Simon and on the SMOTA website under Wellbeing and Parent Information.

We need your feedback!
What articles have informed you?

Email us and go into the draw for a mystery prize!!

wellbeing@smotanathalia.catholic.edu.au

YEAR 7 &

Tayla Magill



On Wednesday 14th November the Junior Girls cricket team travelled to Echuca, to compete in the Campaspe Cricket Tournament.

We would like to thank our amazing coach Ms Rawson whose support and wisdom is invaluable. All the girls batted extremely well with quite a few sixes, especially Asha and Keeley. When we were on the verge of losing to Echuca College they got us back on top, with the help of the catches and wickets taken!!! All of the Year 7 girls who were on the team bowled really well, taking at least two wickets each. We won 4 out of 5 of our games and played really well, yet sadly losing to St Josephs put us into second place at the end of the day. The whole day was really fun and a great experience to have.



8 GIRLS CRICKET



The first game the Year 8 girls played was Rochester, We lost to them by 20 runs but obviously bowled strongly, especially Eloise and the two Ella's. We had a close game against our fellow school Nathalia but only losing 99 runs to 106 runs. Another great game we had was against Kyabram P-12 who run the day, only losing by a few 76 runs to 81 runs. The second last game was one of our not so strong games going down to Echuca College 74 runs to 138 runs. In the last game Sammy had two catches in one over going strong and Teea with an outstanding jump catch. Vanessa and Mikala didn't miss a ball and Eliza stopping all the balls behind the stumps. We had many injuries throughout the day, Ella J with a cricket ball to the face but still hit 12's, Teea with a bee bite but consistently taking catches. Lastly a thank you to our amazing coach Fiona for her advice with the games and Zoe for scoring and umpiring the games.



Farmers Fundraiser

Come to school dressed
as a farmer on
Friday 23rd November

A gold coin donation
will be collected to
support the
St Vincent's
NSW Drought Appeal





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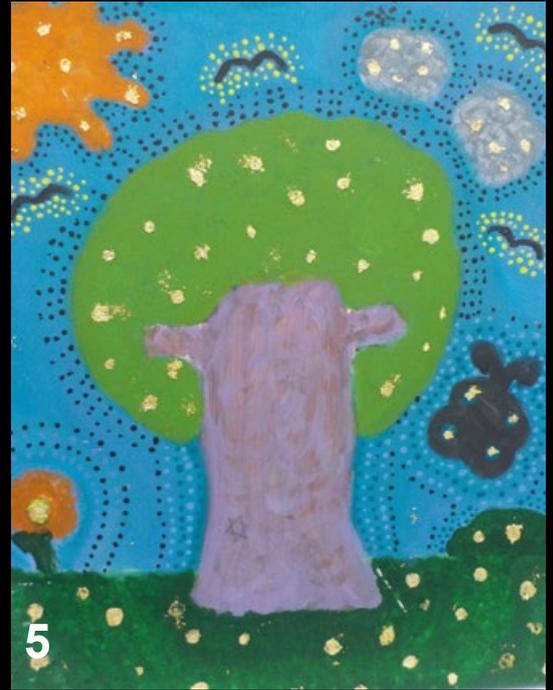
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ARTIST:

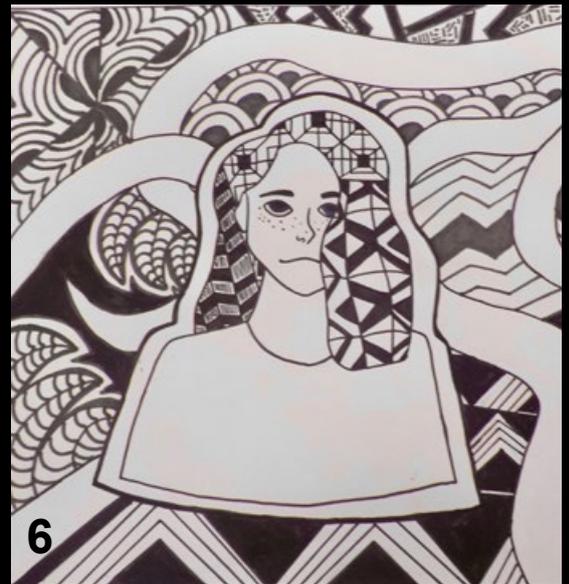
- 1. Kasey Brennan
- 2. Maddison Beatt
- 3. Ella Johns

- 4. Katie Miller
- 5. Brooke Fitzpatrick
- 6. Felicity Symonds
- 7. Felicity Symonds

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Public Notice

WE'RE HIRING

Café@3641 is looking for new junior staff members.

We require boys and girls who are, or soon will be, 15 years of age.

Regular weekend and school holiday availability is a must.

We are looking for young people with positive attitudes, who show initiative, can work well in a team and would thrive in a fast pace, growing business.

Staff are provided with on the job training including barister training and other relevant skill building.

Please hand your resume in-store.

Formal interviews will follow for successful applicants.

Café@3641

54 Main St, Strathmerton (03) 5874 5261